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MASSACHUSETTS PAROLE BOARD

Residential Program Directory For Massachusetts Parolees

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Chairman

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Massachusetts Parole Board Residential Program Directory

A project of the Massachusetts Parole Board Planning and Research Unit.

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The Commonwealth of Massachusetts

Executive Office of Human Services

Parole Board

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100 Cambridge Street, Boston 02202

The Parole Board is pleased to publish this first edition of the Directory of Residential Programs for Massachusetts Parolees.

The Board has made a firm commitment to responding to the residential program needs of parolees through establishment of three contract programs: MassCAPP for developmentally disabled parolees; Coolidge II for recently released parolees; and Halfway Back for parolees experiencing adjustment problems in the community. However, the Board relies heavily on the programs listed in this directory - many of which are funded by the Department of Public Health - to provide in depth substance abuse treatment to the parolee population. In this respect, we are working closely with the Department's Division of Substance Abuse to coordinate services to ensure that the Parole Board, through our referral process and the parolee, through his or her behavior, make an effective use of the services offered.

To that end, we are engaging in policy analysis regarding residential community corrections through a technical assistance grant from the National Institute of Corrections, administered by the National Institute on Sentencing Alternatives and carried out by the Program Resources Center at Rutgers University. This directory is part of that larger project. It is our hope that the information in this directory will be used to further this effort - to make effective referrals for these very vital resources and to allow the parolee population to gain increased access to the important services these programs provide.

John J. Curran, Jr.
CHAIRMAN

Ruth Ann Jones
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The Commonwealth of Massachusetts
Executive Office of Human Services
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March 15, 1988

Congratulations on the preparation of this directory.

The Department of Public Health is committed to increasing the availability and accessibility of appropriate substance abuse treatment for parolees. Residential treatment is vital for many men and women newly released from a correctional institution. We are pleased that the agencies listed in this directory work with parolees. Efforts to develop additional beds, however, must continue. We will encourage more residential programs to accept the challenge of working with offenders. We will also continue to work closely with the Department of Corrections and the Parole Board to purchase beds specifically for men and women from the criminal justice system.

Residential services, however, are not the only program we support for the criminal offender. The Pilot Parole Project was implemented in Southeastern Massachusetts in 1987. This cooperative interagency effort provided identification, assessment, recommendation to treatment and treatment for a limited number of inmates. The model is currently being adapted for Western and Central Massachusetts.

The Statewide Information and Referral Hotline is a new initiative to improve accessibility to substance abuse treatment. It is a comprehensive 24 hour public information and referral service that provides information on alcohol and drug abuse prevention, intervention and treatment. The center can help identify appropriate referrals. Please telephone 1-800-327-5050.

We hope that this booklet facilitates access to drug and alcohol treatment programs and thank the Parole Board for its preparation. We look forward to continued collaboration with the Parole Board and its clients.

Sincerely,

David H. Mulligan
Director
Division of Substance Abuse Services

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Getting Started:

Public Assistance for Parolees

Parolees may be eligible for some form of public assistance upon release from prison. Actual determination of qualification and the amount of benefits must be made on a case by case basis by the Department of Public Welfare (DPW) but this report serves as a general guideline. The focus is on parolees who are entering halfway houses, but assistance for other parolees will be briefly addressed.

Applicants Going to a Halfway House

If parolees are going to a halfway house for drug and/or alcohol rehabilitation, they can apply for public assistance using "medically disabled" as justification. Most halfway houses have the necessary paperwork for parolees to apply for assistance. Usually parolees are seen by their own physician or one at the halfway house, to determine their medical condition. A letter stating the parolee's disabling condition (e.g., addiction) and the period of time the parolee is expected to be medically not qualified to work, is needed by the DPW. At the expiration of this time period, a reevaluation is necessary. For drug and alcohol treatment programs, the normal time period is no greater than six months.

If the application is approved, the parolee is usually entitled to up to $87.00 per month in food stamps which are frequently signed over to the halfway house by the parolee. Additionally, General Relief (a cash amount of around $65.00 per month) may be awarded.

Most halfway houses are able to assist parolees in this process. Otherwise, parolees may go themselves to the DPW office in the area where their halfway house is located. They will need:

- some form of identification.
- proof of social security number, if possible.
- a letter from their parole officer stating the time period of incarceration and release date.

Other Applicants

If a parolee is not going to a halfway house, application for General Relief should be made only when all other avenues of assistance have been explored. General Relief in this case is the lowest paying program available. Therefore, parolees should first look into whether or not they are eligible for AFDC or SSI. Generally, if they are members of families with children, they can be added to the family's AFDC budget as another dependent.

In any case, it is important to note that all persons who meet the food stamp program guidelines are eligible to apply for food stamps regardless of whether or not they apply for any other form of aid. This is a separate program for which many may qualify.

If parolees have explored all options and find they must apply for General Relief, they must be unemployed and have no

more than $250 in savings or assets to qualify. Only ex-offenders who were incarcerated for more than 60 days are eligible under this program. They must have proof of the period of incarceration and some form of identification. They should go to their local welfare office. If homeless in the central Boston area,they should apply at the Hamilton Place office in Boston, across from Park Street Station. Homeless people in other areas should apply at the nearest welfare office.

General Relief can only be collected for a period of 60 days from the date of release from prison, if based on ex-offender status. This is a very important qualification, because if parolees wait until they have been out of prison for a month, they will only be able to collect for the next month.

All parolees who apply for general relief are also required to enroll and participate in the DPW's Employment and Training Program.

General Relief ranges from $87.90 per month to $287.80, depending on the parolee's living situation. Again, each applicant may also apply for up to $87.00 worth of food stamps per month.

Emergency Relief

Another program available to parolees under General Relief is Emergency Relief which consists of the first month's rent and security deposit. This can only be obtained if the individual has not received Emergency Relief within the previous twelve months. This may be very useful for people trying to set up a home who have good employment prospects but insufficient savings. The security deposit will have to be refunded to DPW when the recipient relocates.

Again, this outline is to be used as a very general guide to DPW benefits for parolees. As each individual is considered separately, it is best for people who believe they may be eligible for benefits to visit their local DPW office as soon as possible after release from prison to have their situation evaluated.

Benefits for Veterans on Parole:

Drug and Alcohol Treatment

Veterans may be entitled to drug and/or alcohol rehabilitation on an inpatient or outpatient basis at a variety of Veteran's Administration facilities throughout the state. Inpatient treatment is normally at no charge to the patient; outpatient treatment may involve a nominal fee. For information on any of these programs, contact one of the facilities listed below or a local Veteran's Administration service office.

ALCOHOL AND DRUG TREATMENT
200 Springs Road
Bedford, MA 01730
(617)-275-7500
This facility has a 28 day inpatient substance abuse program. An appointment is needed for a referral interview prior to acceptance into the program. A.A. and N.A., as well as group, individual and family counseling are provided. Detox is available if needed. Fees are based on ability to pay.

150 South Huntington Avenue
Boston, MA 02130
(617)-232-9500
This program is the same as above but lasts for 42 days.

940 Belmont Street
Brockton, MA 02401
(617)-583-4500
This program is available for alcohol and substance abuse treatment. The normal program is for 28 days on an inpatient basis. Outpatient services are also available. This center offers a special drug abuse treatment program that lasts for two to three months. This is the most comprehensive VA drug and alcohol treatment facility in the state.

Route 9
Northampton, MA 01060
(413)-584-4040
This facility provides alcohol treatment and treatment for people with dual addictions. People requiring only drug addiction treatment will be referred to another facility. This facility does not provide detox, yet all people must have been drug and alcohol free for at least five days prior to admission. The duration of the program is 21 days.

125 Lincoln Street
Boston, MA 02111
(617)-565-8349
This clinic is outpatient for drug and alcohol abuse needs. It provides methadone maintenance, referrals, individualized coun-

seling, and antabuse treatment. The duration of the program is determined on an individual basis. Fees are based on ability to pay. In order to get into this program, veterans should be seen at the medical clinic in downtown Boston at 17 Court Street, from where they will be referred.

All VA inpatient programs offer counseling, group and family therapy, and A.A./N.A. To apply, an initial screening is required to determine eligibility. Veterans should call for an appointment and be sure they provide their name, date of birth, social security number, branch and dates of service, type of discharge, and their discharge certificate, DD Form 214.

FINANCIAL BENEFITS

Veterans on parole in the Commonwealth of Massachusetts are not normally eligible for any sort of state financial assistance through the Veteran's Service program, if the financial need is a result of their incarceration. There are no federal public assistance programs specifically for veterans. If financial aid is needed, parolees should contact the Massachusetts Department of Public Welfare. (See section on welfare benefits for parolees.)

EDUCATIONAL BENEFITS

Those veterans who served for a period of more than 181 days between January 31, 1955 and January 1, 1977 may be eligible for the GI Bill if no more than ten years has elapsed since their discharge date. Benefits will be paid at the rate of 1 1/8 months of benefits for each month of service up to eighteen months. Those who served more than eighteen months will be eligible for 45 months of benefits.

The amount paid per month depends on the number of dependents the veteran has and whether he or she is going to school full time, half time or less. For example, a veteran may receive from $376 to $510 per month for full time school; $188 to $255 for half time school, in accordance with the number of dependents.

This benefit can only be used up to the tenth anniversary of the discharge date. Additionally, it cannot be used after December 31, 1989, but it is possible that this deadline will be moved back by legislation.

For further information on these benefits and any other veteran concerns, contact your local VA office or call (617)-227-4600.

How to Use This Directory

This directory includes 80 residential programs that admit parolees in Massachusetts. The information was received via a telephone survey and a mailed questionnaire. The residential programs are listed according to the county in which they are located. Counties are listed alphabetically.

The programs listed are primarily for substance abuse treatment needs, although some programs serve specific populations such as the mentally ill, battered women, or ex-offenders without substance abuse treatment needs. Each entry describes the specific population that the program serves. In addition, entrance requirements for the program, the program's services/structure, procedures for visiting the parolee, costs or fees and the program's operating philosophy are detailed. The program's definitions of successful and unsuccessful termination are also provided.

Detoxification facilities are not included in this directory except for those programs where detoxification is part of a longer rehabilitation program. Although an effort was made to secure information on privately funded programs, the primary emphasis was on publicly funded programs or programs that are financially feasible for ex-offenders.

Although we tried to standardize the data received on programs and secure accurate responses, information can be misinterpreted and becomes outdated quickly. We urge parole staff to contact the programs directly for further information when questions arise.

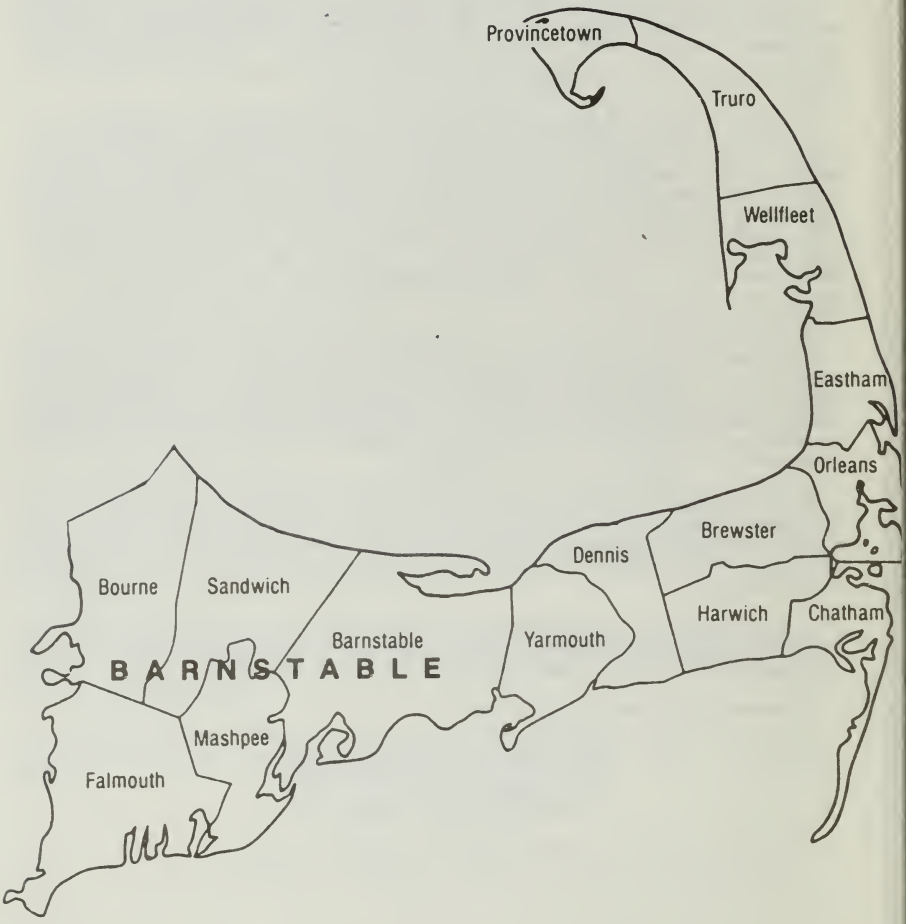
In addition, we ask that all programs and parole staff keep us up-to-date on changes in the programs. Feel free to use the blank questionnaire on pp. 190-192 for this purpose.

Send the questionnaire to:

Massachusetts Parole Board
Planning and Research Unit
100 Cambridge St. Rm. 2207
Boston, MA 02202

We hope this directory will be useful to you.

BARNSTABLE COUNTY

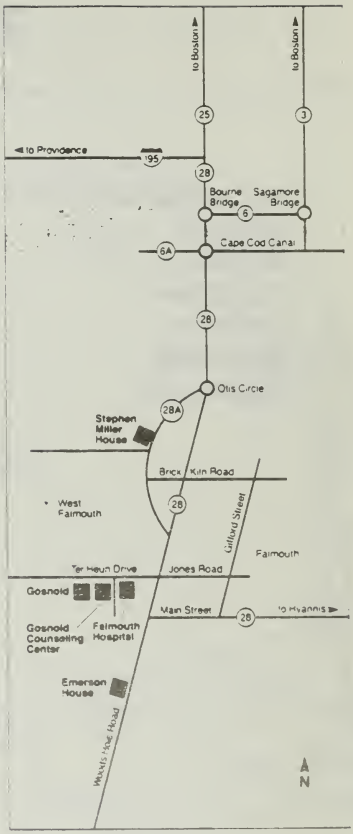


BARNSTABLE COUNTY

Towns

Barnstable
Bourne
Brewster
Chatham
Dennis
Eastham
Falmouth
Harwich
Mashpee
Orleans
Provincetown
Sandwich
Truro
Wellfleet
Yarmouth

EMERSON HOUSE
165 Woods Hole Rd.
Falmouth, MA 02541
(617) 540-1554



Mailing address: P.O. Box 318, Falmouth, MA 02541
Director: Betsy O'Connor
Contact for Referrals: Anne Hart
To get there: See map above.
Population Served: Females with alcohol abuse/ drug treatment needs.
Size: 15 adults, 10 adolescents.
Waiting list: Varies.
Length of stay: Up to 3 months.
Entrance Requirements: Intake person fills out information or referral form. Psycho-social-medical information is forwarded to Emerson House on the potential client. When information is received, name is put on the waiting list for interview intake. Detox required.

Services/Structure: Monitored 24 hours by staff/counselors. Individual/group/family therapy. Referred job training. Aftercare, family interaction.

Field Parole Officer Contact: P.O. may visit parolee at program. Written progress reports provided twice weekly. Parolee must sign release form for P.O. to obtain information.

Costs/Fees: Sliding fee scale. DPH licensed/funded.

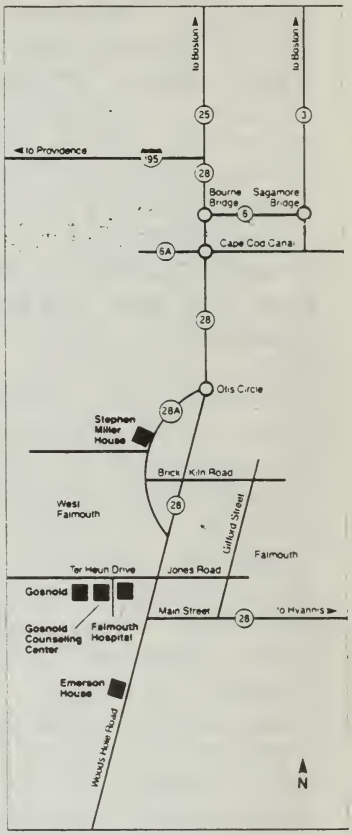
Transportation to the Program: None provided.

How are you different from other programs similar to yours? "Emerson House is a drug free residential program with a 25 bed capacity that serves females ages 14-70 with drug and/or alcohol dependency. Emerson House is committed to the A.A. philosophy and stipulates that residents work the 12 step A.A. program. Insight into the disease of alcoholism, alcohol education, individual and family counseling are some of the service we provide. Our staff is our strength, and I feel separates us clearly from other programs similar to ours."

Successful termination defined: Successful termination occurs when a client completes the requirements of her program.

Unsuccessful termination defined: Unsuccessful termination occurs when a client leaves Emerson House before program requirements are achieved (against counselor's advice) or does not adhere to policies.

STEVEN MILLER HOUSE
54 Main St.
West Falmouth, MA 02574
(617) 540-5052



Mailing address: P.O. Box 719, West Falmouth, MA 02574
Director: Steven Sibson
Contact for Referrals: Peter Rodrick
To get there: See map.
Population Served: Males with substance abuse treatment needs.
Size: 25 beds.
Waiting list: Up to 2 weeks.
Length of stay: 90 days.
Entrance Requirements: Interview and psycho-social-medical information required. Detox required. Confidential evaluative information may be required.

Services/Structure: Monitored 24 hours by staff. Group/individual/family therapy. Facilities for deaf/hearing impaired. Vocational rehabilitation. Job training. Aftercare.

Field Parole Officer Contact: P.O. may visit parolee at program. Written progress reports provided monthly. Parolee must sign release form for P.O. to obtain information.

Costs/Fees: $60-$85 per day. DPH licensed/funded.

Transportation to the Program: None provided.

How are you different from other programs similar to yours? Based on A.A. principles, program promotes successful recovery and the return to work and family responsibilities. Set in an atmosphere of community living and sharing, the program emphasizes peer interaction as a means of developing a sense of self-awareness, responsibility and self-sufficiency.

Successful termination defined: Client completes the requirements of program with counselor's approval.

Unsuccessful termination defined: Client leaves before completion of program; by administrative discharge; and/or leaves against advice of counselor.

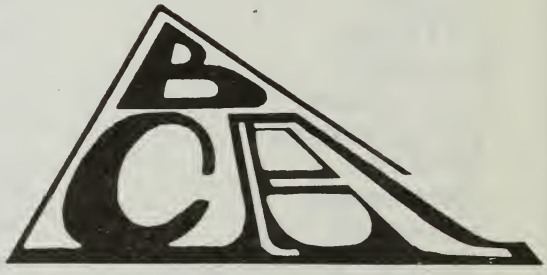
BERKSHIRE COUNTY

BERKSHIRE COUNTY

Towns

Adams
Alford
Becket
Cheshire
Clarksburg
Dalton
Egremont
Florida
Great Barrington
Hancock
Hinsdale
Lee
Lenox
Lonesborough
Monterey
Mount Washington
New Ashford
New Marlborough
North Adams
Otis
Peru
Pittsfield
Richmond
Sandisfield
Savoy
Sheffield
Stockbridge
Tyringham
Washington
West Stockbridge
Williamstown
Windsor

BERKSHIRE COUNCIL ON ALCOHOLISM AND ADDICTIONS
214 Francis Avenue
Pittsfield, MA 01202
(413) 499-2756



Mailing address: Same as above.
Director: Anne Keenan
Contact for Referrals: Same as above.
To get there: Mass Pike to Lee/Lenox exit. Take Route 7 to Pittsfield Center--this parallels Francis Ave.
Population Served: Men and women with substance abuse treatment needs. Priority given to Western Mass residents.
Size: 16 beds.
Waiting list: Varies.
Length of stay: 6 months.
Entrance Requirements: Interview, psycho-social evaluation, detox, and medical information needed prior to admittance. No physically handicapped.

Services/Structure: Monitored 24 hours by staff. Group/individual therapy, referred job training, family counseling, vocational and educational counseling. Recreational activities and services.

Field Parole Officer Contact: P.O. may visit parolee at program. Written progress reports provided upon request. Parolee must sign release form for P.O. to obtain information.

Costs/Fees: $50.00 weekly. DPH licensed/funded.

Transportation to the Program: None provided.

How are you different from other programs similar to yours? "Berkshire West's treatment program contracts with residents for 3 month stays. The contract outlines house rules, curfew hours, attendance of A.A., house meetings and house chores, social obligations to fellow residents and staff. The resident understands that they may be asked to leave if they violate any of their contractual obligations. The population of the house is both male and female so that residents are required to show consideration to each other and establish friendships, not relationships."

Successful termination defined: If sufficient progress is made after three months, another three months may be contracted for. If a client completes this second contract period successfully, the termination is successful.

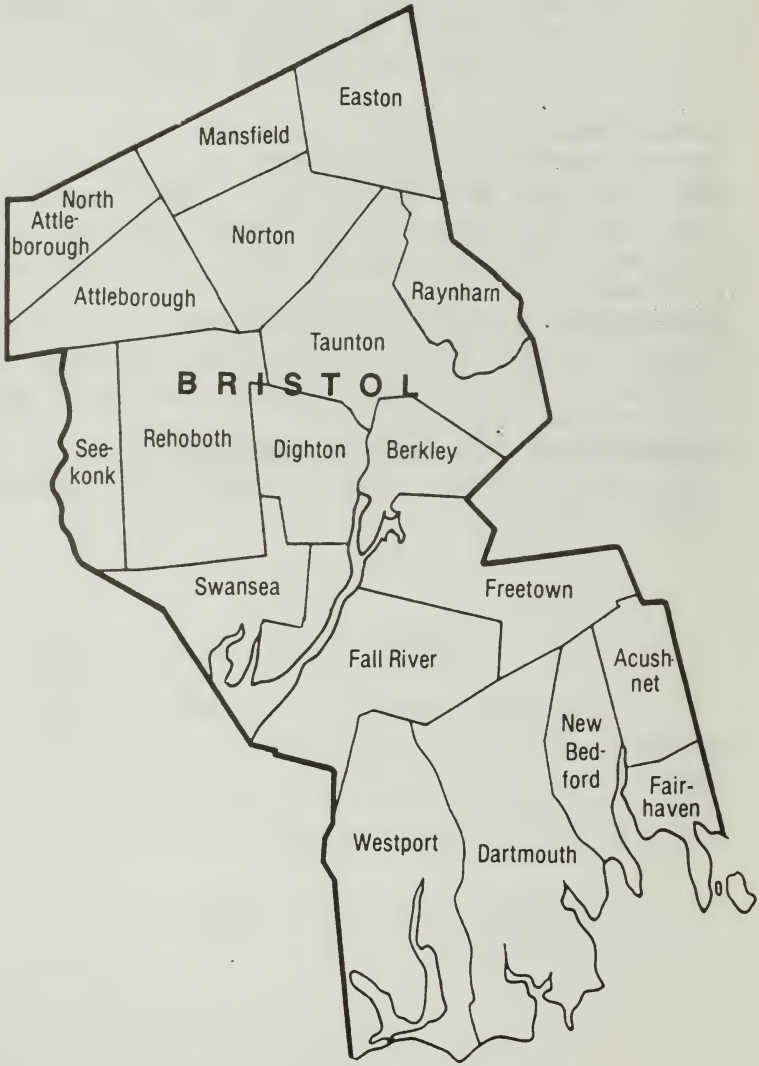
Unsuccessful termination defined: Relapse or leaving before the contractual period has expired.

HILLCREST HOSPITAL, MCGEE UNIT
165 Tor Court
Pittsfield, MA 02101
(413) 443-4761 Ext. 151

Mailing address: Same as above.
Director: Michael Quinlan
Contact for Referrals: Corinne Demany
To get there: Mass Pike, Lee exit. Follow Route 7 to center of Pittsfield. Go around Park Square rotary to West Street. Go 3 miles down West Street. You'll see sign for hospital.
Population Served: Males and females with alcohol and drug abuse treatment needs; statewide.
Size: 18 beds.
Waiting list: Varies.
Length of stay: 21 days.
Entrance Requirements: Interview required prior to acceptance into program. Psychosocial, medical information needed. Detox is not required.

Services/Structure: In-house group/individual therapy. Family interaction, lectures, films. Monitored 24 hours by hospital staff.
Field Parole Officer Contact: P.O. may visit parolee at program. Written progress reports provided upon request. Discharge recommendation and aftercare provided. Parolee must sign release form for P.O. to obtain information.
Costs/Fees: Insurance. Medicaid.
Transportation to the Program: None provided.
How are you different from other programs similar to yours? "We have a structured relapse program aside from the regular program."
Successful termination defined: Client has gained insight into disease; has assessed the effects it has on their lives. Has solid support system in place.
Unsuccessful termination defined: Administrative discharge for rules violation, or against medical advice.

BRISTOL COUNTY



BRISTOL COUNTY

Towns

Acushnet
Attleborough
Berkley
Dartmouth
Dighton
Easton
Fairhaven
Fall River
Freetown
Mansfield
New Bedford
North Attleborough
Norton
Raynham
Rehoboth
Seekonk
Swansea
Taunton
Westport

DR. JOHN C. CORRIGAN MENTAL HEALTH CENTER
49 Hillside St.
Fall River, MA 02720
(617) 678-2901

Mailing address: Same as above.
Director: Daniel K. Amigone
Contact for Referrals: Outpatient secretary or crisis intervention center.
To get there: Rte. 128 South to Rte. 24 South. Continue to President Ave./Somerset Exit. After the exit, continue down President Ave. to Hanover Street and take a left. Go down 4-5 blocks; take a right is Hillside Street. Center is located one block south of Charlton Memorial Hospital.
Population Served: Males and females in need of inpatient hospitalization for mental disorders.
Size: 32 beds.
Waiting list: 1-2 weeks.
Length of stay: Until ordered by physician, average is three weeks.
Entrance Requirements: Intake interview can be scheduled at institution; may be arranged through LINCS (Parole/DMH program) coordinator. No alcohol or drug treatment. Confidential evaluative information may be required.

Services/Structure: Patients are on a locked unit. Individual/group and family counseling. Transitional employment program. Social workers, psychiatrists, case managers, nurses, physicians on hand.

Field Parole Officer Contact: P.O. may visit parolee at program. Written progress reports provided upon request. Parolee must sign release form for P.O. to obtain information.

Costs/Fees: Medicaid, insurance or sliding scale according to income.

Transportation to the Program: None provided.

How are you different from other programs similar to yours? The Corrigan Center specializes in the treatment of adults with major mental illness (e.g., schizophrenia, affective disorders, etc.). We have an extensive psychosocial rehabilitation program for adults with long-term illness that includes day activity, social clubs, and transitional development. Some supervised housing is available for a limited number of clients. We use a reality orientation to teach skills of daily living and to maximize each person's potential for productive activity. In addition to this, we provide a range of outpatient activities and counseling for adults and families. We do not treat drug or alcohol abuse.

Successful termination defined: Signified by a reduction or elimination of symptoms so they do not interfere with usual functioning. Return to productive work or activity.

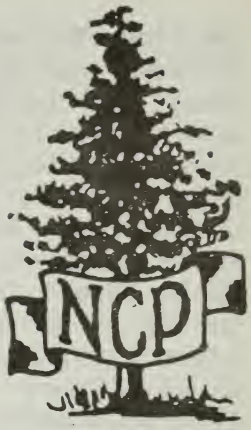
Unsuccessful termination defined: Client does not have an understanding of illness; administrative discharge.

HARMONY HOUSE
New Bedford Council on Alcoholism
234 Earle St.
New Bedford, MA 02746
(617) 992-8948

Mailing address: Same.
Director: Eric Frederickson
Contact for Referrals: Steve Montalban or any desk person.
To get there: Rte. 140 to New Bedford. Turns into Ashley Blvd. Go straight 2 miles and watch for 4 stop signs. After the four, take the third left and go down the hill.
Population Served: Men with alcohol and drug abuse needs, statewide.
Size: 20 beds.
Waiting list: Two months. Once on list, must call periodically to maintain interest and stay on the list.
Length of stay: Six months.
Entrance Requirements: Initiate referral with phone call. An interview in person is required. Confidential evaluative information may be required.

Services/Structure: 24 hour monitoring. Individual and group counseling. A.A./N.A. in-house and in the community. For the first seven days in the program the client is on house restriction. Client can work after 30 days. Visits or free time 1-5 p.m. Random urinalysis. Release planning, including possible placement in one of the graduate houses.
Field Parole Officer Contact: P.O. may visit parolee at program any time. Written progress reports provided.
Costs/Fees: General relief. DPH licensed/funded.
Transportation to the Program: None provided.
How are you different from other programs similar to yours? The program is quite structured. The objective of the program is to show clients how to live a clean and sober life. Many of the staff have gone through the addiction experience and the program themselves.
Successful termination defined: Client completes the six month program.
Unsuccessful termination defined: Client does not complete program, relapses.

NORTH COTTAGE PROGRAM, Inc.
69 East Main St.
Norton, MA 02766
(617) 285-2701



Mailing address: P.O. Box 438, Norton, MA 02766
Director: Lawrence Schneider
Contact for Referrals: Jeremiah Falvey
To get there: From Boston take 95 South to Route 495 South. Off Rte. 495, take Exit 10, "Norton/Easton - Route 123". Turn right at end of exit. Proceed 1 1/2 miles along Route 123 (East Main St.) House is located on the left, directly across from the Norton Police/Fire Department and Town Hall.

By public transportation, from South Station (in Boston) take commuter line to Attleboro Station. From Attleboro Center, take Taunton bus. Ask to be let off at the Norton Post Office. Walk east on Rte. 123 (East Main St.), approximately 1 mile on right, after Wheaton College. House is on the right, across from Police/Fire Dept. and town Hall.
Population Served: Males with primary or secondary diagnosis of alcoholism.
Size: 84 beds.
Waiting list: Referral person will be notified when bed is available.
Length of stay: Maximum length of stay is 6 months. Average is 4-6 months.
Entrance Requirements: Screening interview is required. Medical exam by M.D., TB test results and legal records. Detox is required. Clients with history of extreme violence or significant psychiatric issues are not appropriate for the facility.

Services/Structure: Monitored 24 hours by staff. Individual/group therapy, outside A.A./N.A.. In-house sexuality group, psychological evaluation, ACOA group. Job referrals. Family interaction.
Field Parole Officer Contact: P.O. may visit parolees but should make appointment. Written progress reports provided as requested, usually monthly. Parolee must sign release form for P.O. to obtain information.
Costs/Fees: If no resources or contractorial agreement, state funded. DPH licensed/funded.
Transportation to the Program: None provided.
How are you different from other programs similar to yours? "The halfway house at North Cottage is a residential treatment facility with a goal of rehabilitating adult men with a diagnosis of chronic alcoholism. Potential residents must be able to pursue some type of meaningful daily activity upon discharge. In order for a resident to succeed at recovery, the counselor begins discharge planning at least two months prior to completion. This includes where the client will live, work, attend A.A., social activities and friends."
Successful termination defined: Client completes treatment and recommendations as made by counselor and staff.
Unsuccessful termination defined: Client relapses or leaves treatment against the advice of counselor and staff.

STEPPINGSTONE, Inc.
466 N. Main St.
Fall River, MA 02720
(617) 674-2788

Mailing address: Same as above.
Director: Kathleen Schedler
Contact for Referrals: Astrid Hayes
To get there: Rte. 3 South to 128 to Rte. 24 South. Follow to Fall River. Take Highland Ave. exit. Follow Highland Ave. to Maple St. Take a right onto Maple Street, then a right onto North Main Street.
Population Served: Males and females with alcohol/drug abuse treatment needs.
Size: 23 males, 4 females
Waiting list: Varies.
Length of stay: 3-6 months
Entrance Requirements: Initial intake by phone or in person followed by assessment during pre-interviews. Detox required. Confidential evaluative information may be required.

Services/Structure: Bilingual - Portuguese. All services offered. A.A./N.A. in the community. Vocational group. Family interaction. Sober apartment program available for women.
Field Parole Officer Contact: P.O. may visit parolee at program. Written progress reports provided monthly. Parolee must sign release form for P.O. to obtain information.
Costs/Fees: Sliding fee schedule. DPH licensed/funded.
Transportation to the Program: None provided.
How are you different from other programs similar to yours? "We believe that alcoholism and drug addiction are illnesses. The patient did not cause the illness. However, once diagnosed or admitted, the patient is responsible for its remission. We work in groups: provide education, discuss topics, have small group therapy. Help the patient become aware of the effect that alcohol/drug has had on his/her life. We incorporate the 12 step program of A.A.. We provide weekly individual counseling sessions to address and process through issues. We serve any male or female who has a substance abuse problem and is motivated toward sobriety."
Successful termination defined: The patient is sober and clean and is involved in an outside 12 step program. He has bonded with peers and is working towards building an outside support group. He is employed, learns to be financially responsible, puts balance in his life.
Unsuccessful termination defined: Client relapses, refuses referral, aftercare.

WRAP
(Women's Residential Alcoholism Project)
74 Penniman St.
New Bedford, MA 02740
(617) 997-7175

Mailing address: Same as above.
Director: Eric Frederickson
Contact for Referrals: Susan Buratti or Eric Frederickson at Harmony House, 992-8948
To get there: Exit 14 off 195, "Penniman Street". WRAP is the second house at the bottom of the exit on the right hand side.
Population Served: Women with alcohol/drug abuse treatment needs. Statewide.
Size: 6 beds.
Waiting list: Waiting list exists. Length varies.
Length of stay: Average of one year.
Entrance Requirements: A face-to-face interview is required. Will not go to prison to do it and require that upon coming to the house, the driver must wait until the interview is over in case the woman is not accepted. Client must be motivated and must not have pending court cases. Client must be substance free for a minimum of five days prior to acceptance. House is not equipped for the handicapped. Confidential evaluative information may be required.

Services/Structure: 24 hour supervision by one live-in manager and part time volunteers. Referred counseling, job training. For the first thirty days, A.A./N.A. meetings are required every day of the week. After that, there is a minimum of four per week.

Field Parole Officer Contact: P.O. may visit parolee at program and is advised to call in advance to be sure the client will be there. Written progress reports provided upon request. Release of information form must be signed by client for P.O. to obtain information.

Costs/Fees: $60 per month paid through welfare or directly from client if she is working.

Transportation to the Program: None provided.

How are you different from other programs similar to yours? The objective of the program is to get the woman back functioning in the community, alcohol and drug free. There is also an emphasis placed on the woman meeting her educational goals. This is the only such program in the area.

Successful termination defined: The client is sober, happy, has a job, a place to live and lives independently.

Unsuccessful termination defined: Relapse.

ESSEX COUNTY

ESSEX COUNTY

Towns

Amesbury
Andover
Beverly
Boxford
Danvers
Essex
Georgetown
Gloucester
Groveland
Hamilton
Haverhill
Ipswich
Lawrence
Lynn
Lynnfield
Manchester
Marblehead
Merrimac
Methuen
Middleton
Nahant
Newbury
Newburyport
North Andover
Peabody
Rockport
Rowley
Salem
Salisbury
Saugus
Swampscott
Topsfield
Wenham
West Newbury

COPE WOMEN'S HALFWAY HOUSE
104 S. Common St.
Lynn, MA 01902
(617) 598-0505

Mailing address: Same as above.
Director: Marsha Whitcomb
Contact for Referrals: Constance Callahan
To get there: Rte. 1N to 129 (Revere, Lynn). Follow past G.E., down what becomes Western Ave. Western Ave. goes into the Lynn Commons. South Common Street is on the south side of the Commons.
Population Served: Females with substance abuse treatment needs, statewide.
Size: 20 beds.
Waiting list: Varies.
Length of stay: 6 months.
Entrance Requirements: Interview required. Detox required. Confidential evaluative information may be required.

Services/Structure: Individual counseling weekly, group counseling daily. All in-house therapy. Vocational groups and work support programs. Assertiveness training. Nutritional education. A.A. meetings. Legal and housing advocacy. After 6 weeks there is family therapy. Outpatient women's services provided as well for aftercare.

Field Parole Officer Contact: P.O. may visit parolee at program. Written progress reports provided upon request. Parolee must sign release for P.O. to obtain information.

Costs/Fees: Work must be obtained after eight weeks with 50% of salary going towards treatment. DPH licensed/funded.

Transportation to the Program: None provided.

How are you different from other programs similar to yours? "The program recognizes the unique needs of the woman alcoholic and drug user and has developed specialized treatment in helping women to effectively identify and overcome substance abuse problems. The goals of the program are for a participant to have a clear recognition of her desire to develop behavioral changes; to help her maintain permanent sobriety and to develop supportive relationships, a positive self-image, self-respect and the dignity of a mature woman."

Successful termination defined: Client graduates from program, stays sober during program, has built a support system, and life skills learned have been used in a productive manner.

Unsuccessful termination defined: Leaves treatment against medical advice or relapses.

FOUNDATION HOUSE RECOVERY HOME
10 Haverhill St.
Lawrence, MA 01890
(617) 687-1658

Mailing address: Same.
Director: Guillermo Rivera
Contact for Referrals: Same.
To get there: Off Rte. 495, Marsden Street exit. Haverhill is off Marsden Street.
Population Served: Males and females with substance abuse treatment needs. Statewide.
Size: 16 beds.
Waiting list: 4-6 weeks.
Length of stay: 6 months.
Entrance Requirements: Interview by phone required, detox. No one who is handicapped or on mind-altering drugs. Confidential evaluative information may be required.

Services/Structure: Individual/group therapy. In-house treatment, A.A./N.A. in community. Referred job training. Family interaction. Aftercare plan from third month on.

Field Parole Officer Contact: P.O. may visit parolee at program. Written progress reports provided monthly, discharge recommendation. Parolee must sign release for P.O. to obtain information.

Costs/Fees: DPH licensed/funded.

Transportation to the Program: None provided.

How are you different from other programs similar to yours? Program lasts up to one year. First six months are therapy. Both men and women are allowed. Non-therapeutic environment - no dehumanizing. Residents take responsibility for their lives.

Successful termination defined: Client completes 4 phases of program. Has community support system and aftercare.

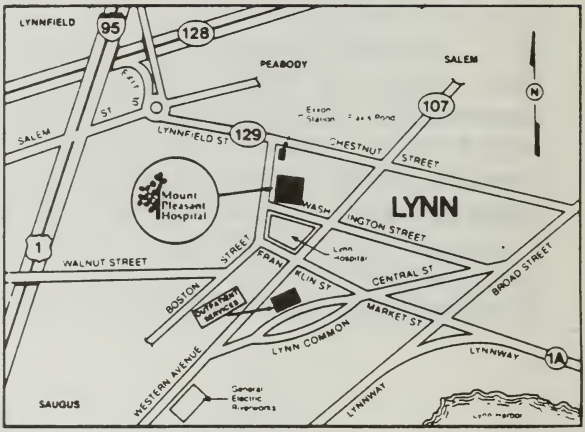
Unsuccessful termination defined: Client uses drugs or alcohol. Administrative discharge because of broken rules. Client is inappropriate for program.

LINK HOUSE
37 Washington St.
Newburyport, MA 01950
(617) 462-7341

Mailing address: Same as above.
Director: John Ciaramella
Contact for Referrals: Richard Clowrey
To get there: Rte. 495 North from Mass Turnpike to Rte. 113 exit. From Boston, it is quicker to take 95 North to 495 South. Take exit from 495 marked for Route 113-Sturry Ave. Follow to High Street, then take a left on Winter Street. Then, take an immediate left onto Washington Street.
Population Served: Males with alcoholism treatment needs. Statewide.
Size: 16 beds.
Waiting list: 6-8 weeks.
Length of stay: 4-6 months.
Entrance Requirements: Contact by phone for interview. Medical and psycho-social confidential evaluative information and detox required.

Services/Structure: Individual/group therapy. In-house treatment. Job training via Mass. Rehab. Family interaction.
Field Parole Officer Contact: P.O. may visit parolee at program. Written progress reports provided upon request. Parolee must sign release for P.O. to obtain information.
Costs/Fees: State funded, rent on sliding fee scale if working. DPH licensed/funded.
Transportation to the Program: None provided.
How are you different from other programs similar to yours? "We are set in a rural area, a quiet community. This helps to facilitate clients getting involved with the community in cultural areas of life. All the staff members are recovered alcoholics. Program is based on the premise of love, caring and patience.
Successful termination defined: Client accomplishes goals that were established. Remains sober. Has community support system.
Unsuccessful termination defined: Client relapses into drinking. Client does not utilize available support system. Administrative discharge due to breaking of rules.

MOUNT PLEASANT
60 Granite Street
Lynn, MA 01904
(617) 581-5600 Ext. 210



Mailing address: Same as above.
Director: Dr. James Lukes
Contact for Referrals: Same or Admissions at 1-800-432-7000.
To get there: Bus from Haymarket to Central Square, Lynn. Across from Lynn Hospital.
Population Served: Males and female with substance abuse treatment needs.
Size: 88 beds.
Waiting list: Varies.
Length of stay: 2 intense weeks.
Entrance Requirements: Two interviews - one by phone, one in person. No arsonists. Detox is not required. Confidential evaluative information may be required.

Services/Structure: Nurses, social workers, counselors, internists on hand. Biofeedback, stress reduction, group/individual therapy, work with Mass. Rehab. upon completion to find a job.

Field Parole Officer Contact: P.O. may visit parolee during visiting hours only. Written progress reports provided upon request. Discharge recommendation provided. Parolee must sign release form for P.O. to obtain information.

Costs/Fees: Insurance/third party/self-payment.

Transportation to the Program: None provided.

How are you different from other programs similar to yours? "Mount Pleasant Hospital's ultimate goal is the initiation of an acute treatment program which works toward the development of the recovery process. The hospital program is designed to provide medical treatment of the acute stage of the disease with structured aftercare and outpatient counseling also available for continuing rehabilitation. This allows the person to return to work and family responsibilities as soon as possible. Our program is unique in providing an intense short stay program with discharge planning for continuing ambulatory treatment."

Successful termination defined: Client has one to two year follow-up treatment as an outpatient and client's participation in self help core.

Unsuccessful termination defined: Leaving the program against medical advice.

PHOENIX EAST
Team Coordinating Agency, Inc.
20 Newcomb St.
Haverhill, MA 01830
(617) 373-3333

Mailing address: Same as above.
Director: Kirsten Butler
Contact for Referrals: Same.
To get there: Route 495 North to Exit 51A. Right at end of ramp. Straight for 1.5 miles. House is in the middle of a big parking lost on the left, across from CVS and Store 24.
Population Served: Men and women, legal residents of Massachusetts aged 16-24 with substance abuse problems.
Size: 15 beds.
Waiting list: Less than one month.
Length of stay: 6 months to 2 years.
Entrance Requirements: Call Program Director Monday through Friday, 9-5 to make a referral. An interview is required and they will come to the institution to do it. Facilities for the handicapped are not available. Applicants must not have multiple violent crimes on their record nor must they have behavioral problems. Medical, legal and psychological information may be required prior to acceptance into the program. Need for detox is determined on an individual basis.
Services/Structure: Individualized treatment plan within a therapeutic, client centered milieu. Intensive individual and group counseling, family counseling. Ancillary services with other community agencies and services, including A.A. and job training. 24 hour supervision.

Field Parole Officer Contact: Parole officer can visit the parolee at the program. Written progress reports furnished upon request. Release of information form needed. Discharge recommendation provided.

Costs/Fees: $270/month. General relief is accepted for first month. Once the resident is working, a certain percentage of his/her salary goes to the house - usually around $270 per month. DPH licensed.

Transportation to the Program: None provided.

How are you different from other programs similar to yours? "Phoenix East is a supportive community in a home-like, family atmosphere. Within the supportive yet challenging drug and alcohol-free environment, clients are motivated to address their personal problems. Our commitment is to help substance abusers discontinue their addictive behavior, give up a substance-oriented lifestyle, develop a positive self-image and learn to function positively in the community. Clients are faced with reality each day as they are active in the community such as in full-time employment, high school or training programs."

Successful termination defined: Have at least 8 months of sobriety, educational goals met, working or studying steadily full-time; with appropriate aftercare plan. Primary counselor of applicant must feel that the client is well-prepared emotionally to live a drug-free lifestyle.

Unsuccessful termination defined: Discharge due to violation of major house rules such as display or threats of physical violence, drug/alcohol use, sexual relationships within the program, or long periods of low motivation. Neutral discharges are those where a client decides to leave on their own, in which case the client is discharged and welcome to reapply after 30 days.

PROJECT COPE RESIDENTIAL DRUG FREE PROGRAM
117 N. Common St.
Lynn, Ma. 01902
(617) 581-9270

Mailing address: Same as above.
Director: Glenda Abramson
Contact for Referrals: Counselor
To get there: From Route 1 North: At Lynnfield exit intersection, go right onto Rt. 129 East to Lynn. Follow Rt. 129 to Wyoma Square (Christy's market on Left). Follow Rt. 129 to Western Avenue intersection (Omega Pizza on left). Go right onto Western Ave. At third set of lights go left onto Franklin Street. At second set of lights go right onto North Common Street. Project COPE is #117, on the corner of North Common and Whiting Street.
Population Served: Males and females with substance abuse treatment needs; statewide.
Size: 18 beds.
Waiting list: Evaluation must be done before client is put on waiting list.
Length of stay: 11 to 13 months.
Entrance Requirements: Interview required, medical evaluations and detox required prior to admission.

Services/Structure: Group/individual/family therapy. In-house and referral job training. First two phases clients have senior counselor present when off premises.

Field Parole Officer Contact:P.O. may visit parolee at program. Written progress reports provided monthly. Parolee must sign release form for P.O. to obtain information.

Costs/Fees: Medicaid/Division of Drug Rehab. DPH licensed/funded.

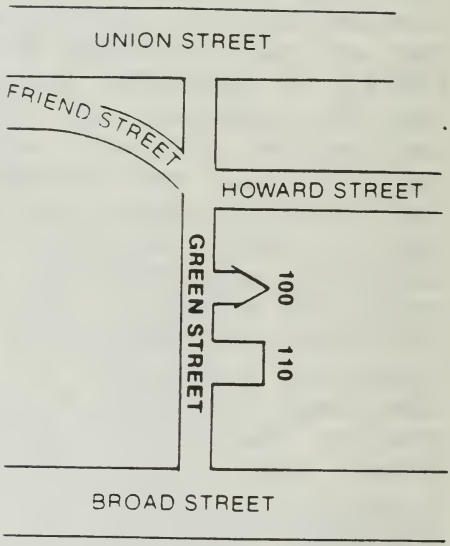
Transportation to the Program: None provided.

How are you different from other programs similar to yours?"At Project COPE, we recognize that substance use, abuse, and addiction are complex phenomena with psychological, sociopolitical, and economic dimensions. All our substance abuse services have a common goal: to help individuals and families live satisfying and productive lives without suffering the effects of drug and alcohol abuse. Our efforts are directed to offering clients a structured environment for one year to help them regain autonomy in their lives by controlling debilitating patterns of substance abuse, and to learn non-chemical ways of successfully confronting problems therefore enhancing a satisfying and productive life."

Successful termination defined:A termination is successful when a client: (1) Stays the full 11 months. (2) Identifies, addresses and explores issues. (3) Attends family therapy. (4) Stays drug free. (5) Sets up positive resources. (6) Attends A.A./N.A. on a regular basis. (7) Has a full-time commitment with school and/or work.

Unsuccessful termination defined: Client breaks house rule, doesn't make a commitment to sobriety or uses drugs or alcohol.

R.I.C.(Residential Intermediate Care)
110 Green St.
Lynn, MA 01902
(617) 598-1270



Mailing address: Same as above.
Director: Carol Larson
Contact for Referrals: Janet Herlihy
To get there: See map above.
Population Served: Males and females with substance abuse treatment needs, statewide.
Size: 20 beds.
Waiting list: Approximately 2 weeks.
Length of stay: 14-28 days.
Entrance Requirements: Interviews conducted Monday through Thursday at 10:15 a.m. Detox required. No arsonists or rapists. Confidential evaluative information may be required.

Services/Structure: Clients do not leave residence until 28 days are completed. Individual/group therapy. A.A./N.A. both in-house and referral.

Field Parole Officer Contact: P.O. must arrange visit with individual counselor. Written progress reports provided upon request. Parolee must sign release form for P.O. to obtain information.

Costs/Fees: DPH licensed/funded.

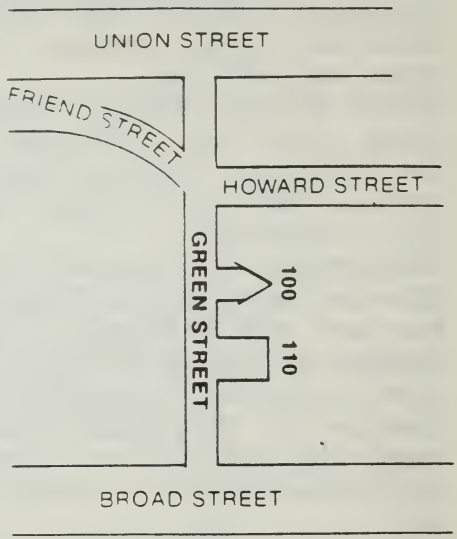
Transportation to the Program: None provided.

How are you different from other programs similar to yours? "We are different in that we take non-paying clients and are one of 2 or 3 programs of this nature that do so. We will take drug addicts or alcoholics, something which the field in general is reluctant to do."

Successful termination defined: Full participation in program - significant self-disclosure in groups, work with counselors, recognition of the behaviors and feelings underlying substance abuse; a suitable aftercare program re: A.A./N.A., outpatient counseling or a halfway house.

Unsuccessful termination defined: Client is given an administration discharge or failure to complete the program.

RYAN REHABILITATION CENTER
100 Green St.
Lynn, MA 01902
(617) 593-9434



Mailing address: Same as above.
Director: Susan McIntyre
Contact for Referrals: Paul Fennell
To get there: Rte. 128 to the Lynn exit. Follow road towards Lynn about 5 miles. Take right onto Union Street, take Green Street off of Union on the left.
Population Served: Men and women, statewide, with substance abuse treatment needs.
Size: Accommodates 9 women and 11 men.
Waiting list: Approximately one month wait.
Length of stay: 6 months.
Entrance Requirements: An interview is required. The program will conduct interviews periodically at the institution. Program will not take those unable to work, convicted arsonists and rapists, and those with dual-diagnosis. Confidential information may be required prior to admittance in the program.
Services/Structure: Group, individual and family counseling. A.A./N.A. both in-house and referred. 24 hour supervision. Residents are expected to participate in all aspects of programming, including weekly group and individual counseling as well as integration into community self-help groups.

Field Parole Officer Contact: Parole officer may visit parolee at the program. Written progress reports provided upon request. Release of information required for P.O. to learn about parolee's progress. Discharge recommendation provided.

Costs/Fees: Rent $60-$70 weekly. DPH licensed/funded.

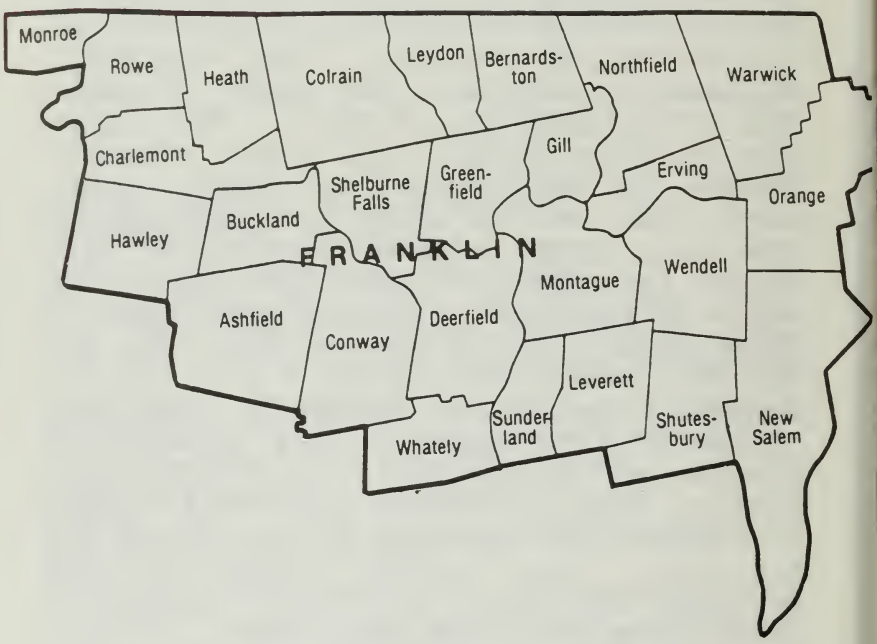
Transportation to the Program: None provided.

How are you different from other programs similar to yours? "The center is designed to serve chemically dependent adults who are in the early stages of recovery and who require the structured program and safe environment of a residential setting. Our treatment philosophy incorporates the tenets of self-help groups such as A.A./N.A.. The Center distinguishes itself from other programs through its coeducational and highly structured format and its place in a continuum of care in a larger umbrella organization, the Center for Addictive Behaviors, Inc. By virtue of the latter, residents have access to detoxification, out-patient and short term intensive treatment services."

Successful termination defined: A client who has actively engaged in all aspects of programming, has remained free of all mood-altering drugs, has demonstrated a willingness to integrate the teachings of the program and A.A./N.A. into his/her lifestyle, and evidences the minimal life skills required of a more independent living environment.

Unsuccessful termination defined: A premature discharge due to a resident's violation of the rules and/or resumption of the use of mood-altering chemicals. Neutral termination is equated with a resident's successful "negotiation" of the program's requirements, but without an apparent internalization of the program's treatment goals.

FRANKLIN COUNTY



FRANKLIN COUNTY

Towns

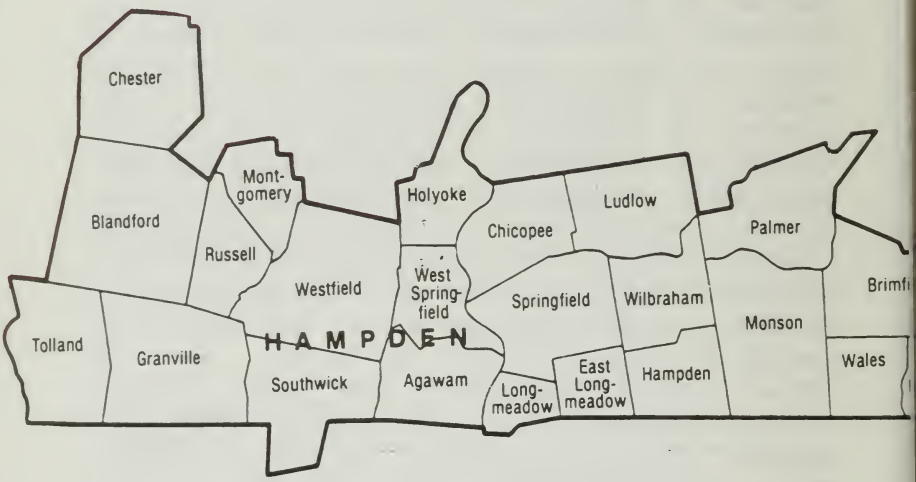
Ashfield
Bernardston
Buckland
Charlemont
Colrain
Conway
Deerfield
Erving
Gill
Greenfield
Hawley
Heath
Leverett
Leydon
Monroe
Montaque
New Salem
Northfield
Orange
Rowe
Shelburne Falls
Shutesbury
Sunderland
Warwick
Wendell
Whately

BEACON HOUSE FOR WOMEN
153 High St.
Greenfield, MA 01301
(617) 772-0211 Ext. 2488

Mailing address: Same as above.
Director: Joyce Sullivan
Contact for Referrals: Same as above.
To get there: 90 West (Mass Pike) to 91N. Get off at last Greenfield exit (Rte. 2 to Boston). Take first ramp to right, in front of Mobil Station. You're on Federal Street. When you see a big church on the left, take a left on Beacon. At end of Beacon, go right on High Street.
Population Served: Females with alcoholism treatment needs. Priority to Greenfield residents.
Size: 13 beds.
Waiting list: 2-3 months.
Length of stay: Voluntary. Six months considered optimum for effective treatment.
Entrance Requirements: Interview; medical, psycho-social information required prior to admission.

Services/Structure: Monitored 24 hours a day by counselors. Individual/group therapy. A.A. principles. Vocational rehabilitation, in-house and referrals. Working house.
Field Parole Officer Contact: P.O. may visit parolee at program. Written progress reports provided upon request. Parolee must sign release form for P.O. to obtain information.
Costs/Fees: Sliding fee scale. DPH licensed/funded.
Transportation to the Program: None provided.
How are you different from other programs similar to yours? Beacon House for women is a voluntary transitional residence for women 18 years of age or older who are in the early stages of substance abuse recovery. The program is intended to provide a supportive, structured environment and includes individual and group counseling, psychiatric services, social/ recreational activities, vocational rehabilitation and other self help groups. Residents are encouraged while in the house to develop a support system within the large community to rely on after discharge. Our in-house program consists of four levels and as one progresses through the program there is a gradual decrease in structure and a gradual shift of responsibility to the woman ... our philosophy being eventually one is responsible for her recovery program.
Successful termination defined: Completing the program and meeting the goals on one's treatment plan. In such, one has and continues to utilize A.A. and/or N.A. and has developed a support system and gained skills for independent living in the community.
Unsuccessful termination defined: Drug or alcohol relapse or an inability to effectively use what the program has to offer and asked to leave.

HAMPDEN COUNTY



HAMPDEN COUNTY

Towns

Agawam
Blandford
Brimfield
Chester
Chicopee
East Longmeadow
Granville
Hampden
Holland
Holyoke
Longmeadow
Ludlow
Monson
Montgomery
Palmer
Russell
Southfield
Springfield
Tolland
Wales
West Springfield
Westfield
Wilbraham

ETHOS I
Northeastern Educational Services,
S.C.A.T.E.
56 Temple St.
Springfield, MA 01105
(413) 733-1472

Mailing address: Same.
Director: Kenneth Hawkins
Contact for Referrals: Same
To get there: Rte. 91S to State Street exit. Follow to 4th light. Go right onto Spring Street and right onto Temple Street.
Population Served: Males and females with substance abuse treatment needs. First priority to residents of Springfield and surrounding towns.
Size: 17 beds.
Waiting list: 1-3 months.
Length of stay: 6 months.
Entrance Requirements: Phone interview required. Will go to institution for screening. Psycho-social, medical confidential evaluative information needed.

Services/Structure: Monitored 24 hours by clinical counselors. Group/individual therapy. Job training through Mass. Rehab. Family interaction.

Field Parole Officer Contact: P.O. may visit parolee at program. Written progress reports provided upon request. Parolee must sign release for P.O. to obtain information.

Costs/Fees: Sliding fee scale. DPH licensed/funded.

Transportation to the Program: None provided.

How are you different from other programs similar to yours? "The mission of the Ethos I program is to assist the chemically addicted person to achieve permanent abstinence from all mood altering substances. Ethos I was originally established to serve black clients and has a long history of responding to the needs of the black community. It will continue to give priority to black clients as it continues to serve clients from all racial groups."

Successful termination defined: Clients are considered by have successfully completed treatment when the clients' short term goals and objectives have been met, and the foundation established for the achievement of long term goals and objectives. Client milestones will vary from client to client.

Unsuccessful termination defined: When treatment is not completed.

GANDARA ALCOHOL RECOVERY PROGRAM
2335 Main St.
Springfield, MA 01107
(617) 781-2234

Mailing address: Same.
Director: Milly Rivas
Contact for Referrals: Same.
To get there: Mass Pike, take Springfield-Birnie Ave. exit. Off the ramp, take a left, then the first left, which is Huntington. At the corner of Huntington and Main, take a right onto Main. Go through one light. Before the next light is the facility, on the corner of Church and Main. It's a three story house.
Population Served: Males and females with substance abuse treatment needs, statewide. Spanish speaking only.
Size: 20 beds.
Waiting list: 3 weeks - 1 month.
Length of stay: 6 months.
Entrance Requirements: Phone interview, confidential evaluative medical and drug history information required. Detox required. Clients must be able to speak Spanish.

Services/Structure: Monitored 24 hours by staff. Individual counseling, 2-3 times a week. Group therapy. Three consulting psychiatrists on staff. A.A. in-house. Referred job training after 3 months. Weekend family visits. Educational seminars.

Field Parole Officer Contact: P.O. may visit parolee at program. Written progress reports provided monthly. Parolee must sign release for P.O. to obtain information.

Costs/Fees: No fee unless employed. DPH licensed/funded.

Transportation to the Program: Will provide transportation.

How are you different from other programs similar to yours? Program is a combined approach of the therapeutic community and traditional halfway house model. All services are linguistically and culturally appropriate. The program treats both alcohol and drug abuse. Mental health services are also available, since they are part of a larger mental health agency. They require that people are stable and functional, but they have no problem with accepting people on medication or prescribing psychotropic medication. They use alcohol breath analyzers and urinalysis for drug screening.

Successful termination defined: Individual engages in treatment, is abstinent, returns to an apartment in the community and is involved in educational or vocational employment services. Client engages in outpatient (aftercare) services.

Unsuccessful termination defined: Client relapses, returns to substance abuse or involvement in crime, or breaks major house rules. Premature discharges are placed in other centers or made aware of these centers.

MARATHON HOUSE
5 Madison Ave.
Springfield, MA 01105
(617) 733-2178

Mailing address: Same as above.
Director: Vincent Tobin
Contact for Referrals: Betty Jean Beck
To get there: Mass Pike to exit 6 to 291 West to Dwight Street exit. Left onto Dwight. Follow to Maple Street. Left on Central from Maple Street. Go to the top of hill.
Population Served: Males and females with drug/alcohol abuse treatment needs, statewide.
Size: 35 beds.
Waiting list: None
Length of stay: One year.
Entrance Requirements: Phone interview required prior to admission. No sex offenders, or those who have attempted suicide. Detox required. Confidential evaluative information may be required.

Services/Structure: Individual/group therapy. In-house treatment programs. Job training. Monthly family day. Educational services.
Field Parole Officer Contact: P.O. may visit parolee at program. Written progress reports provided weekly. Parolee must sign release form for P.O. to obtain information.
Costs/Fees: $100 for interview and $100 acceptance fee. Placed on general relief until client obtains job then pays a certain percentage for rent. DPH licensed/funded.
Transportation to the Program: None provided.
How are you different from other programs similar to yours? Program emphasizes honesty, behavior and attitude changes. Must show responsibility to one's self. Peer pressure forces client to improve life. Very structured environment. Client must earn privileges, achieve goals.
Successful termination defined: Shows good work record, has developed network of support in community. Is attending support groups. Has out-patient counseling. Can demonstrate how he/she will live, work, play and rest.
Unsuccessful termination defined: Use of drugs or alcohol. Disregards rules. Shows no motivation. Inconsistent in treatment goals.

MY SISTER'S HOUSE
89 Belmont Ave.
Springfield, MA 01107
(413) 733-7891

Mailing address: Same as above.
Director: Laura Schilling
Contact for Referrals: Same as above.
To get there: Broad Street exit off Route 91 in Springfield. At end of Broad Street, you'll be at Main Street. Take a right. At light, go straight. The street is now Belmont Ave. Look for #89.
Population Served: Females with substance abuse treatment needs. Priority given to residents of DPH Region 1.
Size: 20 beds.
Waiting list: Up to 6 weeks.
Length of stay: Voluntary. Average is 3 months.
Entrance Requirements: Interview, physical, TB tests, detox, psychosocial information required prior to admission. Will not accept those convicted of violent crimes or those dangerous to self and others.

Services/Structure: A 24 hour therapeutic care plan establishes self discipline by requiring adherence to a time structured day and responsibilities for assigned duties within the facility. Group sessions include education in communication, physical health, and drug abuse. Other services include advocacy and referral, medical supervision, career assistance, recreation and family educational mailings.

Field Parole Officer Contact: P.O. may visit parolee at program. Written progress reports provided upon request. Discharge recommendation and aftercare. Parolee must sign release form for P.O. to obtain information.

Costs/Fees: 50% of income if employed/general relief. DPH licensed/funded.

Transportation to the Program: None provided.

How are you different from other programs similar to yours? The philosophy is based on the premise that recovery is a process which entails complete abstinence from alcohol and other drugs and personal growth therapy in a supportive rehabilitation environment. Basic to the philosophy is an individualistic approach and a recognition of the unique needs of women. An emphasis is placed on helping minorities and the lower socioeconomic strata, on assisting women to further their education and acquire marketable skills in order to maintain a productive, sober lifestyle.

Successful termination defined: Graduation constitutes completion of present goals as agreed on by client and counselor, usually 5-6 months.

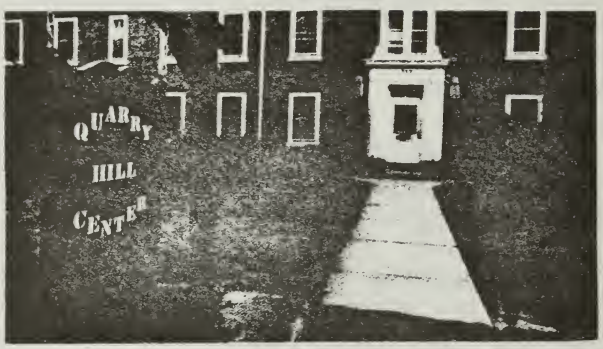
Unsuccessful termination defined: Leaving before completion and without the approval of counselor; drinking or drug relapse, consistent failure to abide by program rules, or any behavior which poses a threat to self or others resulting in administrative discharge.

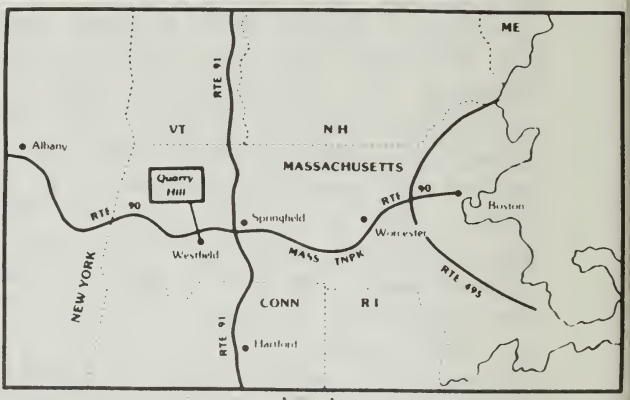
OPPORTUNITY HOUSE
Alcoholism Services of Greater Springfield
59-61 St. James Ave.
Springfield, MA 01109
(413) 739-4732

Mailing address: Same as above.
Director: Patrick Osgood
Contact for Referrals: Chris Bauer
To get there: Mass Pike to Rte.91 to St. James Street exit. Bear to the left. Take left at light and left at the next light. Follow past housing project.
Population Served: Males with substance abuse treatment needs, first priority to Springfield area.
Size: 38 beds.
Waiting list: 1-3 months.
Length of stay: 6 months.
Entrance Requirements: Interview and psychosocial, medical/physical confidential evaluative information and detox required. No arsonists.

Services/Structure: Individual/group therapy. A.A./N.A. referred. Job training and schooling. Monitored 24 hours by staff.
Field Parole Officer Contact: P.O. may visit parolee at program. Written progress reports provided at discharge. Parolee must sign release for P.O. to obtain information.
Costs/Fees: Sliding fee scale. DPH licensed/funded.
Transportation to the Program: None provided.
How are you different from other programs similar to yours? "Our philosophy is to provide a semi-structured residential treatment program that deemphasizes institutionalization and encourages individual responsibility with supervision. Our goal is to return the individual to society as a productive member with a good understanding of his illness and how this illness should be treated on an ongoing basis. Services provided cover a broad range from specific treatment such as individual and group counseling to numerous advocacy and referral services, such as in the area of medical, school and training and specific need professional counseling. We are a male halfway house with no population targets in terms of race, ethnic or other background considerations.
Successful termination defined: A successful termination from our program would require the client to adhere to all residential rules; participation in required residential treatment programs and community based A.A. programs and a sincere effort on the part of the client to complete his individual treatment program as devised by the client and his assigned individual counselor.
Unsuccessful termination defined: Client relapses into drinking, drops out of the program or doesn't get involved in treatment.

QUARRY HILL ALCOHOLISM
REHABILITATION CENTER
136 E. Mountain Rd.
Westfield, MA 01085
(413) 568-1695





Mailing address: Same as above.
Director: Brian Anderson
Contact for Referrals: Charlene Richard
To get there: Off Route 20 from Mass. Pike and Interstate 91. See map above.
Population Served: Males and females with alcohol and substance abuse treatment needs; statewide.
Size: 40 beds.
Waiting list: Varies. Longer waiting list for those on Medicaid.
Length of stay: 21 days.
Entrance Requirements: Interview required with medical history, drug, legal problems information needed prior to acceptance into program. Detox required.

Services/Structure: Monitored 24 hours by staff. Group and individual counseling. Referred job training. Family interaction/ visiting hours. Educational therapy/family therapy.

Field Parole Officer Contact: P.O. may visit parolee at program. Written progress reports provided upon request. Discharge recommendation and aftercare. Parolee must sign release form for P.O. to obtain information.

Costs/Fees: $1,512.00 for the 21 days. If unable to pay and uninsured, state funded. DPH licensed/funded.

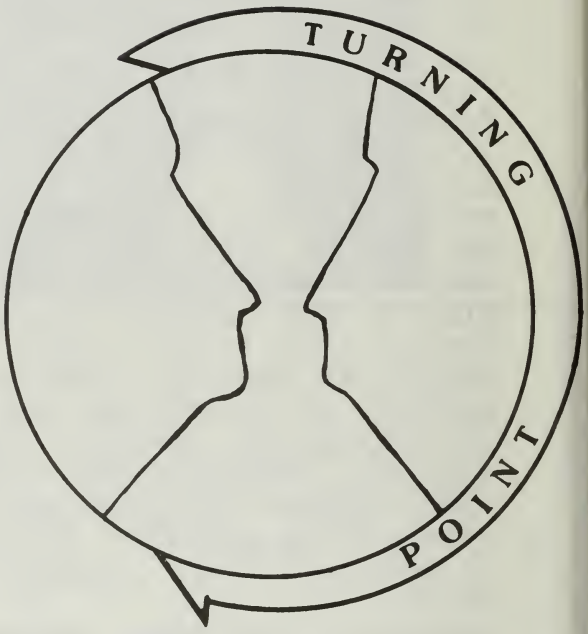
Transportation to the Program: None provided.

How are you different from other programs similar to yours? "Quarry Hill is a comprehensive 21 day inpatient intensive treatment program which includes daily: group therapy, educational sessions, individual counseling, physical and recreational activities, and an introduction to community aftercare support systems, including Alcoholics Anonymous. Family therapy and special peer groups are included in the program." An aftercare program is designed to foster continuing group interaction.

Successful termination defined: (1) Stabilization of physical and emotional condition; (2) Recognition and acceptance of the disease concept and its impact on the individual as well as the family system; (3) Identification and implementation of alternative coping skills through sobriety and being substance free; (4) Development of achievable long and short term goals for sobriety and living substance free.

Unsuccessful termination defined: (1) Did not complete program; (2) Behavior inappropriate; (3) Poor attitude towards maintaining sobriety; (4) Immediate medical problems; (5) Immediate psychological problems.

TURNING POINT
ALCOHOL SUBSTANCE ABUSE PROGRAM
209 Beech St.
Holyoke, MA 01040
(617) 532-5727



Mailing address: Same as above.
Director: Edwin King
Contact for Referrals: Gary Farrell
To get there: Rte 91 North to Rte. 202 exit. Right on 202. Go past 6 lights. Take second street on left side after the lights.
Population Served: Males with substance abuse treatment needs. Holyoke area.
Size: 12 beds.
Waiting list: About 2 months.
Length of stay: 2 1/2 to 3 months average
Entrance Requirements: Phone interview required. Detox is not required if coming from an institution, unless requested. Confidential evaluative information required.

Services/Structure: Monitored 24 hours by staff. Individual/group therapy. A.A./N.A. referred. Other programs are in-house. Referred job training. Outpatient counseling available. Discharge recommendation.

Field Parole Officer Contact: P.O. may visit parolee at program. Written progress reports provided weekly. Release of information form required.

Costs/Fees: Sliding scale fee. DPH licensed/funded.

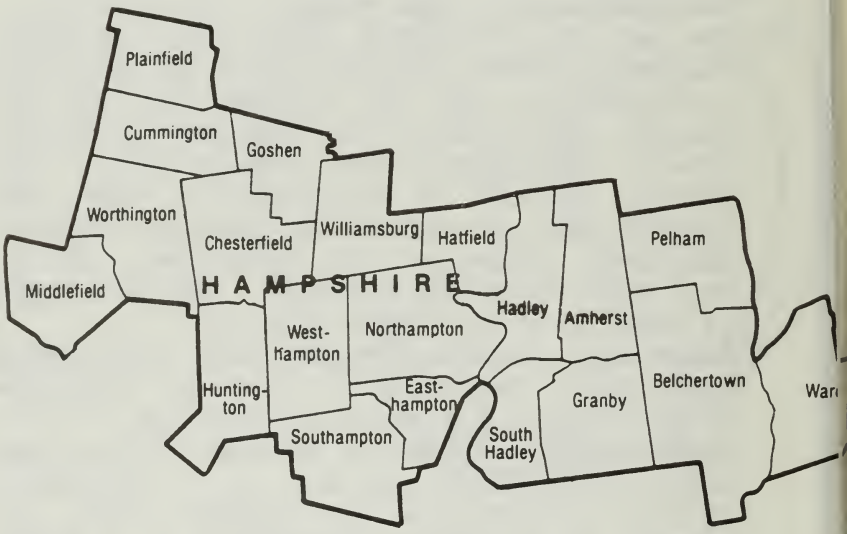
Transportation to the Program: None provided.

How are you different from other programs similar to yours? "Turning Point has developed a distinctive mode for treatment of the substance addict which is designed to foster growth, independence and responsibility. Our intake process is different in that the clients vote on whether the person should be admitted. House is very structured. We accept dual-diagnosis patients. Our philosophy is based on the 12 steps of A.A.."

Successful termination defined: Six months (180 days) completion of program, substance free, creating a productive lifestyle.

Unsuccessful termination defined: Client uses drugs or alcohol, relapses, or is discharged by the administration for breaking rules. An example of a neutral termination is a client who leaves due to a family crisis against staff consent.

HAMPSHIRE COUNTY

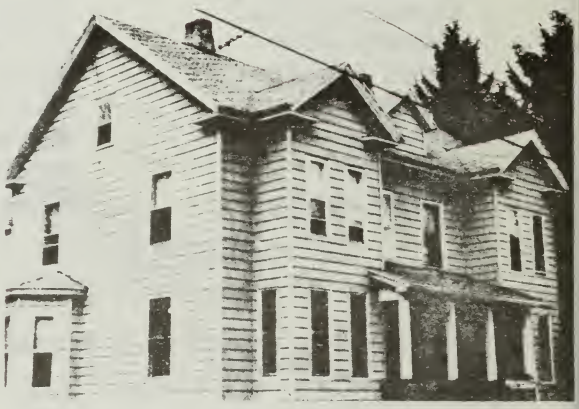


HAMPSHIRE COUNTY

Towns

Amherst
Belchertown
Chesterfield
Cummington
East Hampton
Goshen
Granby
Hadley
Huntington
Middlefield
North Hampton
Pelham
Plainfield
South Hadley
South Hampton
Ware
West Hampton
Williamsburg
Worthington

HAIRSTON HOUSE
Multi-Service Health, Inc.
25 Graves Ave.
Northampton, MA 01060
(413) 584-8137



Mailing address: Same as above.
Director: Chuck Skill
Contact for Referrals: Skip McManus
To get there: Mass Pike to Northampton Exit (Bridge Street, towards Northampton). Continue 1.5 miles to Jack August Restaurant. There, turn right onto Market Street. The first right off Market Street is Graves Ave. House is light green and on the right.
Population Served: Males with drug/alcohol abuse treatment needs. Priority given to Western Mass. clients.
Size: 17 beds
Waiting list: Varies/based on need.
Length of stay: 6 months.
Entrance Requirements: Interview and psychosocial information required, detox required prior to admission.

Services/Structure: Monitored 24 hours by staff. Group/individual therapy, A.A./N.A. both in-house and outside. Mass. Rehab. job training. Weekend passes for family interaction.

Field Parole Officer Contact: P.O. may visit parolee at program. Written progress reports provided upon request. Discharge recommendation and post-graduate group. Parolee must sign release form for P.O. to obtain information.

Costs/Fees: 1/3 of net income. DPH licensed/funded.

Transportation to the Program: None provided.

How are you different from other programs similar to yours? "We use a team approach that focuses on the individual's responsibility for sobriety. Stringent

Successful termination defined: When counseling staff and client agree that no additional or significant progress can be achieved by staying on. Normally this will occur between four and six months.

Unsuccessful termination defined: Client who relapses is a typical example of an unsuccessful outcome but there are no specific criteria. Virtually all clients who stay more than a week or two have made some progress. "We don't think in terms of successful or unsuccessful."

NORTHAMPTON HONOR COURT
22 Main St., Box 1056
Northampton, MA 01060
(413) 584-8470

Mailing address: Same as above.
Director: William P. Nagle, Sr.
Contact for Referrals: Same as above.
To get there: Mass. Pike West to Exit 4 to I-91 North to first Northampton exit (18). North on Rte. 5 to lights on Main Street. Take a right, Hotel on right.
Population Served: Males with substance abuse treatment needs.
Size: 40 beds.
Waiting list: Varies.
Length of stay: No specific time. Each case decided on individual basis.
Entrance Requirements: Initial intake interview by phone, letter or case worker call.

Services/Structure: Individual counseling as needed by psychiatrist, Dr. Ronald Carino. A.A./N.A. in-house. Counseling, educational and vocational training, tutoring, medical and dental services.

Field Parole Officer Contact: P.O. must call in advance to visit parolee. Written progress reports provided whenever requested.

Costs/Fees: Medicaid accepted. $265 per month for room, board and other services.

Transportation to the Program: Can provide transportation to the program.

How are you different from other programs similar to yours? "This is a program for recovering alcoholics and drug abusers. Our philosophy is to help oneself by helping others. Besides four weekly mandatory meetings to help with substance abuse problems, sharing experiences, there are many community service projects, including cleaning the streets, parks and parking lots in downtown Northampton daily; preparing and delivering 100 free hot meals daily to elderly, sick and needy people; providing free transportation to and from doctors' offices, hospitals, pharmacies and detox. centers; free holiday meals to the elderly, sick, needy and lonely; and other services. This is a unique program because of these services and residents involved in helping others in this self-help program.

Successful termination defined: Client returns to society as a productive citizen, continues to attend meetings and works on his sobriety one day at a time.

Unsuccessful termination defined: Client does not conform to rules, returns to old ways, returns to abuse of alcohol and drugs.

MIDDLESEX COUNTY

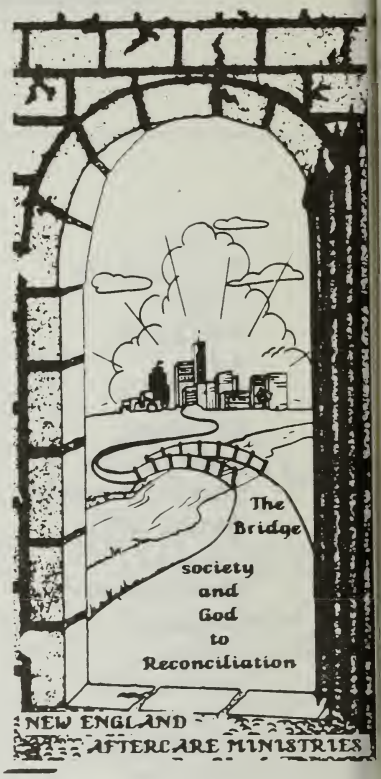
MIDDLESEX COUNTY

Towns

Acton
Arlington
Ashby
Ashland
Ayer
Bedford
Belmont
Billerica
Boxborough
Cambridge
Carlisle
Chelmsford
Concord
Dracut
Dunstable
Everett
Framingham
Groton
Holliston
Hopkinton
Hudson
Lexington
Lincoln
Littleton
Lowell
Malden
Marlborough
Maynard
Medford
Melrose
Natick
Newton
North Reading
Pepperell
Reading
Sherborn
Shirley
Somerville
Stoneham
Stow
Sudbury
Tewksbury
Townsend
Tyngsboro
Wakefield
Wakefield
Watertown
Wayland
Westford
Weston
Wilmington
Winchester

Woburn

THE BRIDGE
20 Summit Street
Framingham, MA 01701
(617)-429-2586



Mailing address: P.O. Box 714, Holliston, M
01746
Director: Rev. James R. Spence
Contact for Referrals: Same or Beverly Spence.
To get there: Route 126 toward Framingham
off route 9. Cross route 135 and take nex
left onto Irving. Take third right onto Sum
mit Street; The Bridge is on the left.
Population Served: Males with substance abus
treatment needs. Must be sincerely motivated
No sexual offenders or arsonists.
Size: 10 beds.
Waiting list: None at present.
Length of stay: Six months.
Entrance Requirements: Interview can be con
ducted at institution. Must complete applica
tion and contract. Must be able to work
Detox may be required. Confidential evaluativ
information may be required.

Services/Structure: In-house and referral A.A./N.A.. 24 hour supervision by counselors. In-house chemical dependency program. Chores are assigned in the house; a job bank program is established to help residents gain employment in the local community. Support group for couples and family interaction. Children allowed on premises. Spiritual counseling.

Field Parole Officer Contact: P.O. may visit parolee at anytime. Written progress reports provided upon request. Parolee must sign release form for P.O. to obtain information.

Costs/Fees: 30% of gross weekly income. DPH licensed/funded.

Transportation to the Program: Available from institution.

How are you different from other programs similar to yours? The Bridge is a program with spiritual emphasis. Clients are required to work and to receive counseling in the areas of drug and alcohol abuse as well as family relationships. "The stated goal of The Bridge is to successfully reintegrate released prisoners into the community as productive, responsible citizens."

Successful termination defined: Completion of six months with understanding of disease. Good relationship with family. Continue working towards sobriety.

Unsuccessful termination defined: Client is: asked to leave because of drug or alcohol use; has broken house rules; and/or has not been sincerely motivated to lead a sober, spiritual life.

CASPAR HOUSE
16 Highland Ave.
Somerville, MA 02144
(617) 623-5277

CAMBRIDGE
AND
SOMERVILLE
PROGRAM for ALCOHOLISM REHABILITATION

CASPAR

Mailing address: Same as above.
Director: David Wilson
Contact for Referrals: Elaine Daly
To get there: Off Rte. 93 to Mystic Ave. exit. Call for further directions.
Population Served: Males with alcohol abuse treatment needs. First priority to Cambridge, Somerville residents.
Size: 42 beds
Waiting list: 6-8 weeks
Length of stay: 6 months
Entrance Requirements: Interview by phone, client must be referred by P.O. or counselor at institution. Detox required.

Services/Structure: Monitored by managers and support staff. Individual/group therapy. In-house program (Individual Opportunities Unlimited) to help patients expand their horizons and prepare for the future. Cambridge courthouse ex-offender program. Job training organized through Project Prep. Family interaction.

Field Parole Officer Contact: P.O. may visit parolee at program. Written progress reports provided monthly. Parolee must sign release form for P.O. to obtain information.

Costs/Fees: Pay rent if working, if not, placed on welfare. DPH licensed/funded.

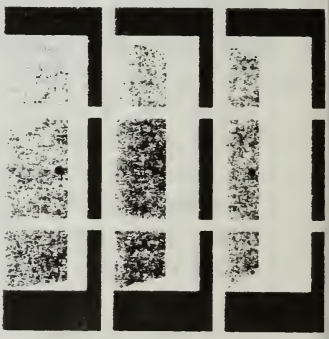
Transportation to the Program: None provided.

How are you different from other programs similar to yours? We accept parolees whose primary diagnosis is alcoholism. The philosophy is A.A. oriented. The house is an open setting and purely voluntary. We encourage clients to seek community self-help groups and remain committed to sobriety.

Successful termination defined: Client leaves sober and has a support system in the community.

Unsuccessful termination defined: Use of drugs or alcohol. Violence or breaking of house rules is cause for an administrative discharge.

CHOATE-SYMMES HEALTH SERVICES
CAULFIELD CENTER--INPATIENT
21 Warren Avenue
Woburn, MA 01801
(617)-933-6700



Mailing address: Same as above.
Director: Gail Hanson-Mayer
Contact for Referrals: Same as above.
To get there: Route 128 to Winn Street exit; go to Woburn Center, turn right, go 2/10ths of a mile and take a hard left up hill onto Warren Avenue.
Population Served: Men and women with addiction treatment needs. Mystic Valley towns residents only. Others will be referred to services in their areas.
Size: 18 beds.
Waiting list: Varies; 1-90 days.
Length of stay: Average 20 days; voluntary program only.
Entrance Requirements: Three total admissions interviews: interview by phone; person to person; and interview with a clinical staff nurse. No institutional screening/interviews will be provided. No arsonists, involuntaries, under 16 year-olds, or anyone considered unsafe on an open unit. Detox is not required.

Services/Structure: Nurses on hand. Group and individual therapy, occupational therapist. Family counseling.
Field Parole Officer Contact: P.O. may visit parolee at program but parolee must sign a release saying the visit is okay. Written progress reports provided upon request but only with signed release.
Costs/Fees: Must have some kind of insurance if client lives outside geographic area. Those who live in the area with no insurance will be considered and may apply for free care.
Transportation to the Program: None provided.
How are you different from other programs similar to yours? This program allows for patients who need treatment for both an addiction and a major mental illness. (A) Patients are assigned to a group program upon admission either focusing on addictions or general psychiatric illness.
(B) Each patient has a multidisciplinary team-psychiatrist, psychologist, nurse and family coordinator.
(C) Philosophy includes that (1) the patient has a disease he must learn about, accept, and take responsibility for managing, (2) the family requires its own help to cope with the effects of the illness.
Successful termination defined: Successful termination includes patient participation in developing an appropriate discharge plan.
Unsuccessful termination defined: Unsuccessful termination may include an administrative discharge or patient leaving against medical advice.

EASTERN MIDDLESEX HALFWAY HOUSE
557 Salem Street
Malden, MA 02148
(617)-324-5897

Mailing address: same as above.
Director: Gerald Donovan
Contact for Referrals: Parker Reed
To get there: Route 93 North to route 60 East to Pleasant Street, Malden. Go around the MBTA station; house is behind Sprague's Funeral Home.
Population Served: Males with substance abuse treatment needs. Mass residents.
Size: 25 beds.
Waiting list: 1-1 1/2 months.
Length of stay: 180 days.
Entrance Requirements: Interview and detox required prior to admission. Confidential evaluative information may be required.

Services/Structure: 24 hour counseling staff on hand. Individual and group in-house therapy. Family counseling offered in outpatient component. Referred to Mass Rehab. and DES for job search.

Field Parole Officer Contact: P.O. may visit parolee at program. Written progress reports monthly and discharge recommendation provided. Parolee must sign release form for P.O. to obtain information.

Costs/Fees: If employed, half of income monthly. DPH licensed/funded.

Transportation to the Program: None provided.

How are you different from other programs similar to yours? "We regard addictive substance abuse as a disease which is primary, progressive and if left untreated, fatal. Our approach is grounded in the principles of A.A./N.A. and current theories of effective addiction practice. Through the extensive use of individual, group and educational sessions in a problem solving, goal setting model, we seek to move a client beyond mere abstinence to a secure and stable sobriety that will enable him to become a stable, self-sustaining member of the community. A unique feature of our program is that a resident is not permitted to be gainfully employed outside the House for the first ninety days."

Successful termination defined: "Where a man has made fundamental change which has led him beyond abstinence to secure sobriety, gainful employment and appropriate housing."

Unsuccessful termination defined: "We perceive unsuccessful termination as one where a man has not made the beginnings of essential change that is essential to recovery. Neutral termination is one in which a person has not made changes which are, in the view of the staff, substantial enough to sustain stable sobriety and a productive life-style."

HOSPITALITY HOUSE
112 Main Street
Hopkinton, MA 01748
(617) 435-3620

Mailing address: Same as above.
Director: Ronald Coleman
Contact for Referrals: William Henderson
To get there: Take Hopkinton/West Main Street exit from Route 495. Facility is one mile down on the left; West Main St.(route 135).
Population Served: Males with substance abuse treatment needs; statewide.
Size: 21 beds.
Waiting list: Approximately 3-5 weeks.
Length of stay: 6 Months.
Entrance Requirements: Interview required before admission. Interview can be conducted at institution. Psycho-social, medical, tuberculosis information required. Detox required. Must be sober 48 hours prior to interview.

Services/Structure: 24 Hour supervision by staff. Group/individual/self-help therapy. A.A./N.A. in-house. Schooling and family interaction.
Field Parole Officer Contact: P.O. may visit parolee at program. Written progress reports provided upon request.
Costs/Fees: 40% of net salary. DPH licensed/funded.
Transportation to the program: None provided.
How are you different from other programs similar to yours? A six month residential program based on A.A./N.A. philosophy. "We serve a diverse ethnic and cultural background population and essentially provide any services state agencies are able to provide."
Successful termination defined: Six months with all aspects of program completed.
Unsuccessful termination defined: Anything less than 6 months.

HURLEY HOUSE
12 Lowell Street
Waltham, MA 02154
(617) 893-9304

Mailing address: Same as above.
Director: Henry Duggan
Contact for Referrals: Same.
To get there: Waltham train from North Station to Moody Street stop. Take Moody Street to Pine Street. Lowell Street is off of Pine.
Population Served: Males with alcohol abuse treatment needs. Preference given to Waltham, Watertown areas.
Size: 20 beds.
Waiting list: Approximately 2 months.
Length of stay: 180 days.
Entrance Requirements: Interview, medical report and detox required.

Services/Structure: 24 hour supervision by counselors/management. Group and individual therapy in-house. Job training referral. Mandatory attendance at A.A. meetings.
Field Parole Officer Contact: P.O. may visit parolee at program. Written progress reports and discharge recommendation provided. Parolee must sign release form for P.O. to obtain information.
Costs/Fees: Half of take home pay. DPH licensed/funded.
Transportation to the Program: None provided.
How are you different from other programs similar to yours? "Hurley House furnishes the dynamics of a therapeutic community in which residents are given an opportunity to deal with their life and substance abuse issues, put the pieces of their lives back together and become alcohol free contributing members of society."
Successful termination defined: The resident has been drug free during his residency; has evidenced motivation to continue without the use of drugs/alcohol after discharge; and has a job and an adequate support system in the community.
Unsuccessful termination defined: The use of drugs/alcohol during the residency.

LOWELL HOUSE
102 Appleton Street
Lowell, MA 01852
(617)-459-3371

Mailing address: Same as above.
Director: Ken Powers
Contact for Referrals: Counselor
To get there: Route 495 to Lowell Connector into Downtown Lowell. Appleton Street is in Downtown Lowell; take a left onto it.
Population Served: Men and women with substance abuse treatment needs; statewide.
Size: 17 men, 6 women.
Waiting list: One to three months; must call weekly to remain on list.
Length of stay: Six months.
Entrance Requirements: Interview by phone with counselor. Will occasionally go to the institution for an interview. Detox and psycho-social information needed prior to admission.

Services/Structure: Four clinical counseling staff on hand. Individual and group therapy conducted in house. A.A./N.A. in community. After thirty days patients may obtain employment outside the facility. Family interaction and overnight passes.

Field Parole Officer Contact: P.O. may visit parolee at program. Written progress reports provided weekly. Parolee must sign release form for P.O. to obtain information.

Costs/Fees: Sliding fee scale. DPH licensed/funded.

Transportation to the Program: None provided.

How are you different from other programs similar to yours? Concentration on normalization and socialization in a "family" environment--peer interaction. Approach to treatment serious but casual allowing clients to initiate contact to ease communication stress. Philosophy--that persons in residential treatment do not benefit from an "authority" controlling their lives, rather that they need space and indulgence coupled with guidance in order to grow.

Successful termination defined: Client completes prescribed program in three to six months and is moderately successful at working on treatment contract--rule compliance and substance abstinence.

Unsuccessful termination defined: Substance relapse, leaving the program against medical advice, short-term sign out, non-compliance with rules.

Marlborough Hospital
MARCAP Unit
57 Union St.
Marlborough, MA 01752
(617) 485-1120 x270 or 485-9900

Mailing address: Same as above.
Director: Sherry Knapp, Ph.D.
Contact for Referrals: Nurses or counselors in the Marcap Unit.
To get there: See map above.
Population Served: Males and females with drug or alcohol addictions. No geographic restrictions.
Size: 10 beds.
Waiting list: First come, first served.
Length of stay: No required length of stay. Average length of stay is 9-10 days.
Entrance Requirements: An interview in person or by phone is required. Applicants must not be "totally non-English speaking" and must not have severe psychiatric disorders. Confidential evaluative information may be required.

Services/Structure: Group and individual counseling, A.A./N.A., lectures, movies, **family therapy.** 24 hour supervision. Staff include doctors, nurses, counselors, social workers, and psychologists. Detox is provided. Therapy for children (age 7-12) of addicts. Also work with the employer of the patient. Aftercare group available for patients released from the inpatient program.

Field Parole Officer Contact: Parole officer can visit the parolee during visiting hours. Written progress reports available to the parole officer with the parolee's consent. Release of information form must be signed. Discharge recommendation provided.

Costs/Fees: Insurance. Sliding scale fee.

Transportation to the Program: None provided.

How are you different from other programs similar to yours? "The MARCAP Unit is a hospital-based short term acute treatment facility for drug and/or alcohol addictions. We provide medically supervised detoxification and a rehabilitation program. Our approach is to provide educational and therapeutic services designed to increase understanding of the addiction as a disease, acceptance of the consequences that have resulted and concrete plans for maintaining sobriety. We emphasize A.A. and N.A. involvement and involve the family/significant others in the treatment process."

Successful termination defined: Completion of program, safe detoxification, positive plans for sobriety maintenance and A.A./N.A. involvement, acceptance of disease and desire to make changes to maintain sobriety.

Unsuccessful termination defined: Opposite of above. A neutral termination would be a completion of program with safe detoxification, increased understanding of the disease of alcoholism.

NEW ENGLAND MEMORIAL HOSPITAL
ADDICTION TREATMENT UNIT
5 Woodland Rd.
Stoneham, MA 02180
(617) 665-1740 Ext. 388

Mailing address: Same.
Director: Barbara Levy
Contact for Referrals: Any intake worker
To get there: Rte 93 North to Stone Zoo exit. Go past the zoo 9/10th of a mile. The hospital is on the left.
Population Served: Males and females with substance abuse treatment needs, statewide.
Size: 10 beds
Waiting list: Up to 2 weeks.
Length of stay: Average is less than a two week stay. Maximum stay is 21 days.
Entrance Requirements: Interview by phone required. Detox may be required. Confidential evaluative information may be required.

Services/Structure: Individual/group therapy in-house. A.A./N.A. in community. Family interaction. Groups for children. Monitored 24 hours by hospital staff.

Field Parole Officer Contact: P.O. may visit parolee at program. Written progress reports provided weekly. Parolee must sign release for P.O. to obtain information.

Costs/Fees: Private insurance. Medicaid, but **not** General Relief, 04 category. DPH licensed.

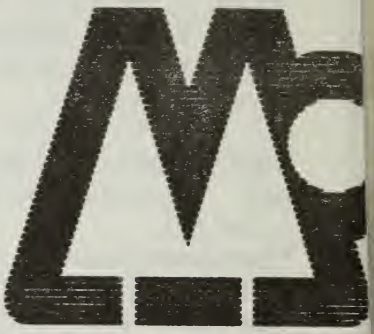
Transportation to the Program: None provided.

How are you different from other programs similar to yours? Ours is a very intense program. We offer group therapy and are very A.A./N.A. oriented. We are also heavily invested in mainstreaming the client and in developing solid aftercare.

Successful termination defined: Completing the program by meeting its goals, being hooked up with aftercare.

Unsuccessful termination defined: Client and staff say patient has reached maximum benefit and discharge is recommended. Automatic discharge for using drugs/alcohol while in program.

PLEASANT STREET LODGE
(McLean Hospital)
115 Mill St.
Belmont, MA 02178
(617) 855-3100



McLean Hospital

Pleasant Street Lodg

Mailing address: Same as above.
Director: Alison Magee
Contact for Referrals: Same as above.
To get there: On grounds of McLean Hospital in Belmont.
Population Served: Males and females over 20 years of age with substance abuse treatment needs.
Size: 8 beds.
Waiting list: Varies
Length of stay: Required length of stay is 3 months, average is 6 months.
Entrance Requirements: Applicants must have a primary diagnosis of substance abuse, be actively involved in A.A. or N.A. and be committed to sobriety. Must be able to live in a communal setting with minimal supervision. There must be support and involvement of significant family members. Interview required. Confidential evaluative information may be required. Detox required.

Services/Structure: Individual therapy, group twice weekly, no live in staff. Three N.A./A.A. meetings weekly. Interaction with family. Resident must be capable of work - volunteer or paid - or enrolled in an academic program.

Field Parole Officer Contact: P.O. may visit parolee at program. Written progress reports provided as needed. Discharge recommendation provided. Parolee must sign release form for P.O. to obtain information.

Costs/Fees: $22.00 per day; $30.00 per each group counseling session.

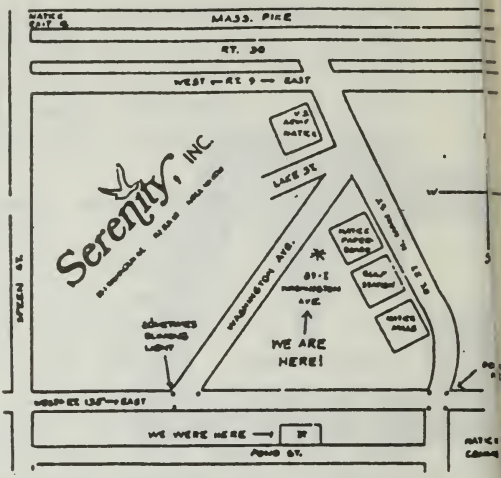
Transportation to the Program: None provided.

How are you different from other programs similar to yours? "We take substance abusers who have additional diagnosis and are on prescribed, non-addictive medicines. We do take individuals whose primary addiction is to drugs and not alcohol. Individuals must work 30 hours a week from the time of admission. This is a program for high-functioning well-motivated individuals who are mature, responsible and able to participate in a group house with minimal supervision."

Successful termination defined: Participant remains drug and alcohol free, is actively involved in their recovery program, and learns to live and work independently in the community.

Unsuccessful termination defined: Participant uses drugs or alcohol.

SERENITY HOUSE
P.O. Box 611
Natick, MA 01760
(617) 653-3605



Mailing address: Same as above.
Director: Sandra Bierig
Contact for Referrals: Same.
To get there: See map above.
Population Served: Females with alcohol/drug abuse problems. Statewide.
Size: 18 beds.
Waiting list: First come, first served.
Length of stay: Up to six months.
Entrance Requirements: Referrals must be made through a counselor at the institution. Applicants must not be severely retarded, mentally ill or in need of psychotropic medication. Confidential information may be required prior to admittance in the program. Detox is usually required also, but depends on the individual case.

Services/Structure: Group and individual counseling, parenting groups, family counseling, and a job training program. Staff include a LICSW and certified alcoholism counselors. 24 hour supervision by support staff. "3/4 House" exists for graduates of Serenity House.
Field Parole Officer Contact: Parole officer can visit the parolee at the program by appointment. Written progress reports available upon request. Release of information form required. Discharge recommendation provided.
Costs/Fees: First three months covered by DOA/Medicaid. Upon employment, client contributes half of take-home salary to the house. DPH licensed/funded.
Transportation to the Program: None provided.
How are you different from other programs similar to yours? "Serenity, Inc. is a private, non-profit organization dedicated to the rehabilitation of women who are substance abusers. Our residential program is the heart of our organization. We require full participation from all residents in all facets of their recovery, and this participation is the basis of the contract we make with prospective clients at admission. We believe that being clean and straight is just the beginning of recovery. People must also be able to support themselves and have reachable goals and support in reaching them. That is why we have developed an excellent job training program, have parenting skills groups and family counseling."
Successful termination defined: Completion of the six month program.
Unsuccessful termination defined: Being asked to leave the program for drinking or taking drugs or transgressing house rules in some other serious way. A neutral termination is one where client left without having taking advantage of what the house has to offer.

WOMENPLACE
11 Russell St.
Cambridge, MA 02140
(617) 661-6020

Mailing address: Same as above.
Director: Carol Nickerson
Contact for Referrals: Same.
To get there: Porter Square T Stop. (Red Line)
Population Served: Females with substance abuse treatment needs, statewide. No one who is incapable of self-care or handicapped.
Size: 20 beds.
Waiting list: 1-3 months. Must call to maintain status on waiting list.
Length of stay: 6 months.
Entrance Requirements: Interview required prior to admission. Detox required. Confidential evaluative information may be required.

Services/Structure: 24 hour monitoring by counselors. Group therapy daily, individual weekly. In-house treatment programs. Vocational group. After 3 weeks children can stay overnight.

Field Parole Officer Contact: P.O. may visit parolee at program. Written progress reports provided weekly. Parolee must sign release for P.O. to obtain information.

Costs/Fees: Up to 60% of income. DPH licensed/funded.

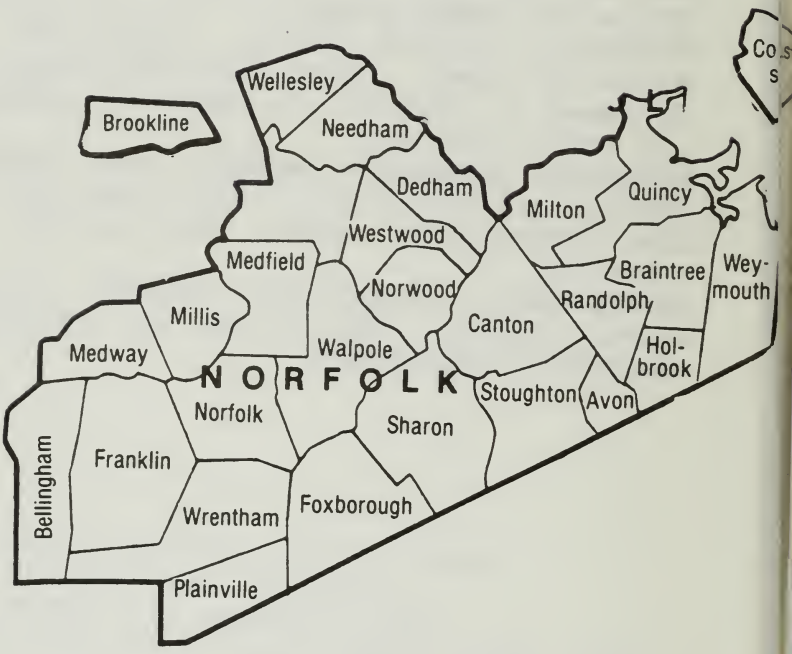
Transportation to the Program: None provided.

How are you different from other programs similar to yours? Program is very structured. Mandatory programs daily. Philosophy is geared for women. Issues concerning women are discussed in addition to substance abusers, i.e. eating disorders.

Successful termination defined: Client follows through with aftercare. Has a job and can live independently, work. Has A.A./N.A. in community.

Unsuccessful termination defined: Client leaves program. Has no plan for aftercare. Administrative discharge.

NORFOLK COUNTY

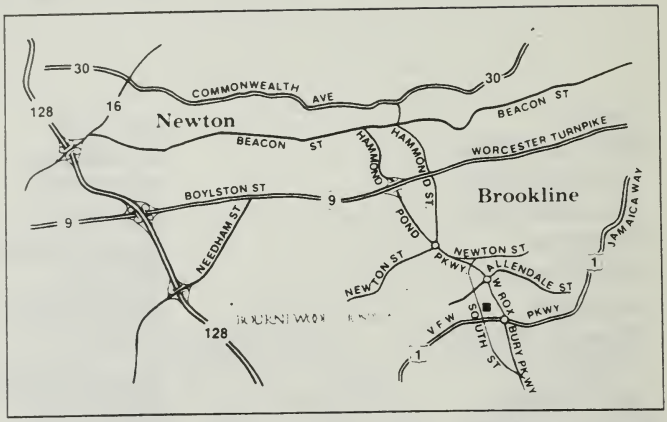


NORFOLK COUNTY

Towns

Avon
Bellingham
Braintree
Brookline
Canton
Cohasset
Dedham
Foxborough
Franklin
Holbrook
Medfield
Medway
Millis
Milton
Needham
Norfolk
Norwood
Plainville
Quincy
Randolph
Sharon
Stoughton
Walpole
Wellesley
Westwood
Weymouth
Wrentham

BOURNEWOOD HOSPITAL
300 South St.
Brookline, MA 02146
(617) 469-0300



BOURNEWOOD HOSPITAL

300 South Street Brookline, Massachusetts 02167 (617) 469-0300

Mailing address: Same as above.
Director: Andrew Goldstein
Contact for Referrals: Same as above or Ms. L. Harring, M.A.
To get there: See map above. By MBTA, buses run from either Forest Hills Station or Cleveland Circle. Buses marked Forest Hills Via Westbrook Village or Cleveland Circle via Westbrook Village stop at Putterham Circle and South Street. Walk down South Street to the Hospital. There is no bus service on Sunday or Holidays.
Population Served: Males and females with substance abuse treatment needs.
Size: 18 beds.
Waiting list: Varies.
Length of stay: 14-28 days for substance abuse; 2-6 weeks for other types.
Entrance Requirements: Screening is required. Detox is done in hospital if necessary. Confidential evaluative information may be required.

Services/Structure: Resident doctor and full medical staff on hand. Individual/ group/ family therapy. Strict supervision by hospital staff. Job assessment.

Field Parole Officer Contact: P.O. may visit parolee at program. Written progress reports provided. Discharge recommendation provided on some cases. Release of information form may be required for P.O. to obtain information.

Costs/Fees: Medicare or private pay. DPH licensed.

Transportation to the Program: Provided if necessary.

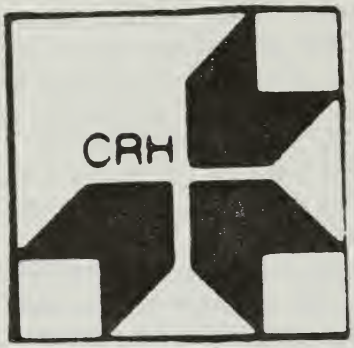
How are you different from other programs similar to yours? The program is a 28 day detox and/or short term rehabilitation program. It is an eclectic program which provides patients with an experience of self-help (A.A., N.A.) program,s individual/group/family therapy, exercise groups, aftercare planning and education. All of this is in an effort to help the patient to choose which modality of treatment to continue with as they begin to recognize the nature and extent of their illness. The program's focus is on the patient's independent choice for treatment and the eclectic approach are the factors that make Bournewood different.

Successful termination defined: Client completes program, aftercare plan in place and patient can verbalize some understanding of their change.

Unsuccessful termination defined: Client leaves inappropriately or against medical advice, AWOL, administrative discharge or patient never confronts aftercare issues - never dealing with extent of the illness.

CHARLES RIVER HOSPITAL PSYCHIATRIC/
SUBSTANCE ABUSE PROGRAM
203 Grove St.
Wellesley, MA 02184
(617) 235-8400

Charles River Hospital



Mailing address: Same as above.
Director: Dr. Nancy Davis
Contact for Referrals: Chris Brooks
To get there: Mass Pike Exit 15 to Rte. 95S. Take Exit 21B (Rte. 16W). Follow for 3 miles to Wellesley Center. At five-way intersection take Grove Street - a sharp left. Go 8/10 of a mile. Hospital is on right hand side.
Population Served: Males and females with psychiatric needs/substance abuse treatment needs; statewide.
Size: 58 beds.
Waiting list: None at present.
Length of stay: No required length of stay. Average stay is 3-4 weeks.
Entrance Requirements: Interview required. Detox. Murderers not accepted. Confidential evaluative information may be required.

Services/Structure: Individual/group/family therapy in a hospital setting. In-house A.A., referred job training.

Field Parole Officer Contact: P.O. may visit parolee at program. Written progress reports and discharge recommendation provided. Parolee must sign a release form for P.O. to obtain information.

Costs/Fees: Private insurance; does not accept Medicaid.

Transportation to the Program: None provided.

How are you different from other programs similar to yours? Comprehensive treatment to the adult who is experiencing psychiatric illness coupled with problems relating to substance use. We assess the total patient and provide individualized treatment which will best serve each person's unique needs.

Successful termination defined: Client leaves with clear understanding of interaction between his substance use and psychiatric illness. Good aftercare plan is in place.

Unsuccessful termination defined: Client is asked to leave by staff because of drug or alcohol use. Psychiatric illness causing a high state of denial upon leaving would be considered unsuccessful.

HUMAN RESOURCES INSTITUTE (HRI)
227 Babcock St.
Brookline, MA 02146
(617) 731-3200

Mailing address: Same as above.
Director: Dr. Bernard Katz
Contact for Referrals: Cathy Philopena
To get there: Green line (Commonwealth Ave. train) to Babcock St. Left onto Babcock, first building on left.
Population Served: Males and females with drug and alcohol treatment needs. Statewide.
Size: 68 beds.
Waiting list: Approximately one day.
Length of stay: 4 weeks.
Entrance Requirements: Telephone interview, no history of violence. Confidential evaluative information may be required. Facility provides detox, if needed.

Services/Structure: Individual/group/family counseling. In-house treatment programs. Vocational counseling. Weekly counseling sessions. Facility provides detox.

Field Parole Officer Contact: P.O. may visit parolee at any time. Weekly written progress reports and discharge recommendations available. Parolee must sign release form in order for P.O. to obtain information.

Costs/Fees: Average $750 per day, no Medicaid.

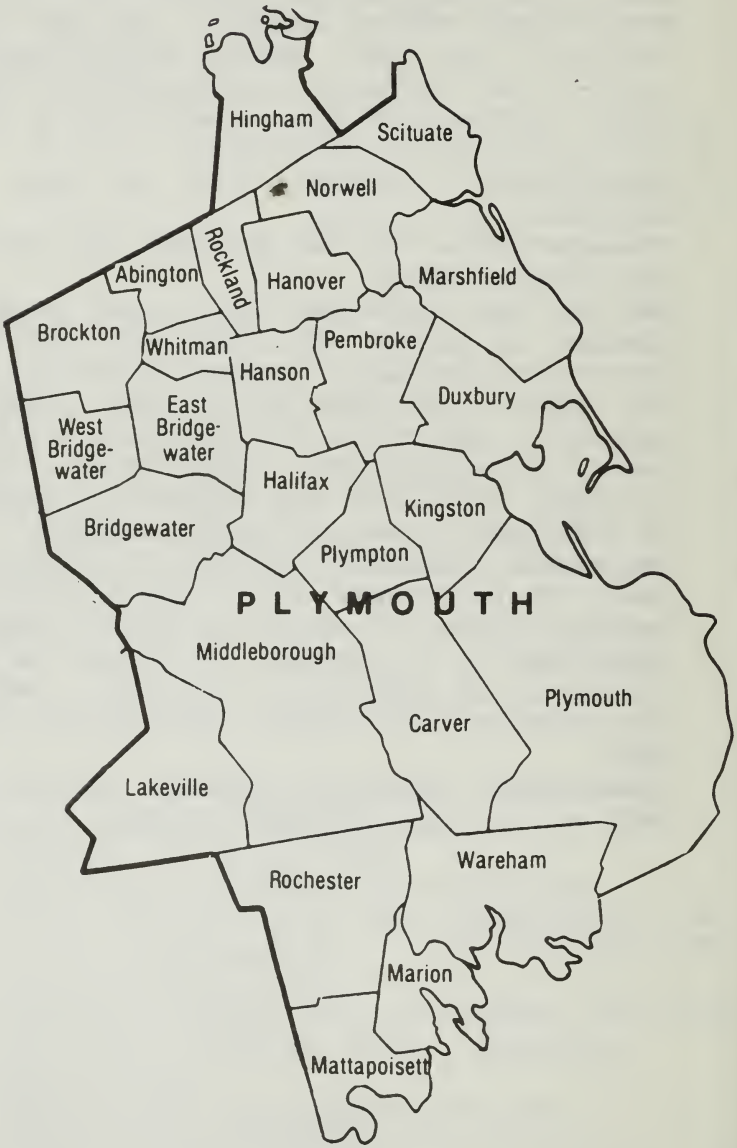
Transportation to the Program: Must provide own transportation.

How are you different from other programs similar to yours? HRI inpatient unit is a short-term psychiatric program providing mental health services to a wide range of patients. HRI serves all age groups and diagnostic classifications. The patient program is highly structured with mandatory attendance at individual, group and family sessions.

Successful termination defined: 1) Return to a level of functioning which existed prior to hospitalization. 2) Major psychiatric symptoms diminished or in control. 3) Patient is connected to an outpatient department setting and therapist for further psychiatric treatment.

Unsuccessful termination defined: Patient goes AWOL or goes against medical advice.

PLYMOUTH COUNTY



PLYMOUTH COUNTY

Towns

Abington
Bridgewater
Brockton
Carver
Duxbury
East Bridgewater
Halifax
Hanover
Hanson
Hingham
Kingston
Lakeville
Marion
Marshfield
Mattapoisett
Middleborough
Norwell
Pembroke
Plymouth
Plympton
Rochester
Rockland
Scituate
Wareham
West Bridgewater
Whitman

ALCOHOLISM INTERVENTION CENTER -
RECOVERY HOUSE
40 Bartlett St.
Brockton, MA 02401
(617) 587-7646

Mailing address: Same as above.
Director: Susan Loomis
Contact for Referrals: James McGill
To get there: Rte. 24 to Belmont Street exit. Right onto Warren Ave., House is on corner of Warren and Bartlett.
Population Served: Males and females with substance abuse treatment needs.
Size: 34 beds.
Waiting list: Varies.
Length of stay: 4-6 months.
Entrance Requirements: Contact Tom Fahey by phone for interview. Will go to institution for interview organized by institution. Detox is not required. Will not accept those requiring psychotropic medications, incapable of self care, any communicable disease or history of suicide attempts within the last six months; no history of arson. Confidential evaluative information may be required.

Services/Structure: Monitored 24 hours by counselors/managers. Group/individual therapy in-house, 3 mandatory outside programs. Job training through Mass. Rehab. Family interaction through Old Colony.

Field Parole Officer Contact: P.O. may visit parolee at program. Written progress reports provided, and discharge recommendation. Parolee must sign release form for P.O. to obtain information.

Costs/Fees: DPH licensed/funded.

Transportation to the Program: None provided.

How are you different from other programs similar to yours? "Our program treats individuals who have been identified as alcoholic and may also be abusing other drugs. We provide a moderate amount of structure - curfew, mandatory meetings, individual and group counseling and encourage active involvement in community self-help groups."

Successful termination defined: Termination has been planned between client and counselor. Client has given adequate notice, has a reasonable plan for independent living and has remained sober.

Unsuccessful termination defined: Relapse to drug or alcohol use, or AWOL from program.

EDWINA MARTIN WOMEN'S RECOVERY HOUSE
678 N. Main St.
Brockton, MA 02401
(617) 583-0493

Mailing address: Same.
Director: Susan Loomis
Contact for Referrals: Tom Fahey
To get there: Rte. 24 to Avon/Harrison Blvd. exit. Right to 2nd light. Approximately 3 miles on right.
Population Served: Females with substance abuse treatment needs. Statewide.
Size: 20 beds.
Waiting list: 2 weeks - 1 month.
Length of stay: Voluntary program funded up to six months. Average 4 months.
Entrance Requirements: Interview required prior to admission. Medical, psychosocial, physical information needed. Detox required. No arsonists, those on psychotropic drugs, or those requiring nursing care. Confidential evaluative information required.

Services/Structure: Monitored 24 hours by staff. Individual/group therapy. A.A./N.A. outside. In-house programs. Family counseling on weekends. Parenting and battered women's groups.

Field Parole Officer Contact: P.O. may visit parolee at program. Written progress reports provided upon request. Parolee must sign release form for P.O. to obtain information.

Costs/Fees: Sliding scale fee. DPH licensed/funded.

Transportation to the Program: None provided.

How are you different from other programs similar to yours? "Our philosophy is to assist our clients in acceptance of a sober way of life, and then to identify and treat issues and stressors that may lead to relapse. Our program consists of individual counseling, group counseling, educational sessions, and required involvement in self-help groups. Our program emphasizes personal responsibility for recovery and is moderately restrictive compared to other programs for women."

Successful termination defined: Client must have a reasonable discharge plan, give appropriate notice, have accomplished significant progress on her treatment plan, and be sober.

Unsuccessful termination defined: Unsuccessful termination occurs because of relapse into drinking or drug use, and other major rule violations.

PROJECT TURNABOUT
224 Beal St.
Hingham, MA 02043
(617) 749-6320

Mailing address: Same.
Director: Alex M. Marceline
Contact for Referrals: Connie Lambert
To get there: Expressway South to Route 3A South. Go through Quincy and Weymouth to Hingham. Take a right on Beal Street in Hingham. House is second driveway on the right.
Population Served: Males over age 21 with substance abuse treatment needs, statewide.
Size: 20 beds.
Waiting list: 3 months.
Length of stay: Program is designed for an 18 month stay. Average stay is 6-9 months.
Entrance Requirements: Program cannot serve the handicapped, illiterate or Spanish speaking. Program will not accept those with dual addictions and drug dependence, but will not accept those with only alcohol abuse problems. Program will not take sex offenders or arsonists. To make a referral, an initial phone call is needed, upon which the potential client will be sent the criteria for admission. Then, a face-to-face interview is required. The intake worker will go to local prisons or houses of correction to do the interview. Detox is required prior to admission and even for the interview. Confidential evaluative information may be required.

Services/Structure: 24 hour monitoring. Program offers group, individual and family counseling. Family counseling is mandatory. A.A./N.A. in community. G.E.D. preparation. Transitional employment component in which after 3 months the client can work 20 hours in the community at pre-determined sites. Educational/current affairs component and yoga. Outpatient component after one year in the program in the form of an evening group.

Field Parole Officer Contact: P.O. may visit parolee at program but should call ahead before visiting. Written progress reports provided upon request. Release planning, discharge recommendation.

Costs/Fees: $600 for the eighteen months, or $200 for each of 3 phases. Client need not have this money when he is admitted. When working, the client is asked to contribute. If not, money is obtained through DPH and General Relief. DPH licensed/funded.

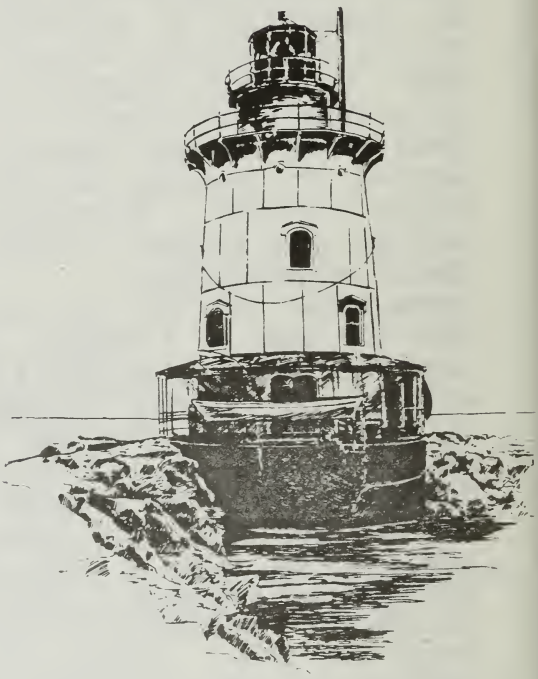
Transportation to the Program: None provided.

How are you different from other programs similar to yours? This is a strictly therapeutic program. Support is achieved through the individuals in the program and the group they form. Clients are not allowed to vegetate and must maintain a certain level for each phase. If this level is not maintained, the client is suspended for one week. The program offers flexibility, but it must be earned. Note: Program is not very successful with younger clients.

Successful termination defined: At least one year in the program without a relapse. Client has a full-time job, lodging, and is able to maintain a budget.

Unsuccessful termination defined: Not completing the program.

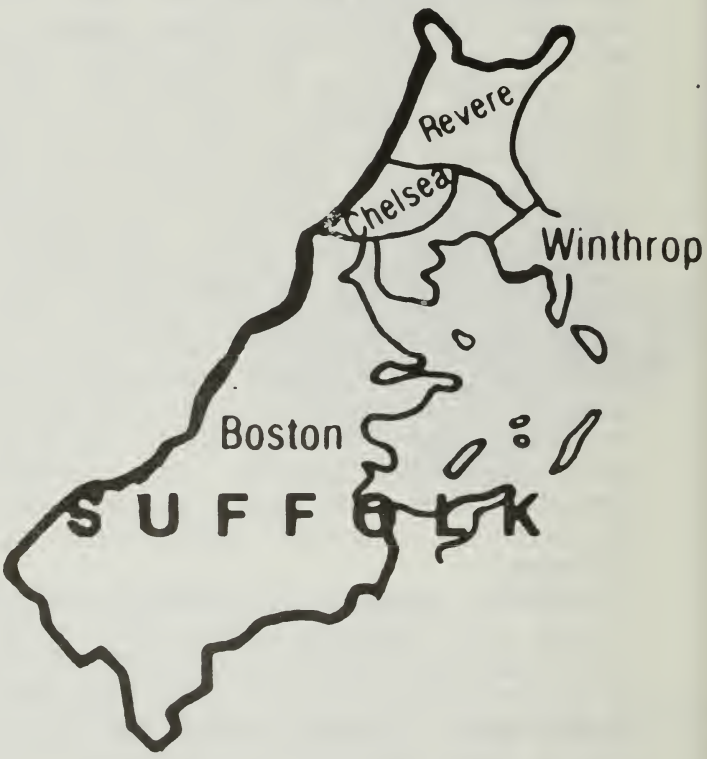
TEEN CHALLENGE NEW ENGLAND, Inc.
Alcohol Abuse Treatment and Rehabilitation
1315 Main St.
Brockton, MA 02403
(617) 586-1494



Mailing address: Same as above.
Director: Rev. Robert Beuscher
Contact for Referrals: James Vitale
To get there: Rte. 24 to Rte. 123 into Brockton, follow to Main Street. right onto Main Street., approximately 4 miles down on right.
Population Served: Males age 18 to 30 with drug/alcohol substance abuse treatment needs.
Size: 30 beds.
Waiting list: 1-2 weeks.
Length of stay: 1 year.
Entrance Requirements: Interview required prior to admission. May go to institution depending on individual. Confidential evaluative information may be required.

Services/Structure: Monitored 24 hours by staff. Individual/group therapy in-house. Family interaction every other week. Other services recommended for persons who can adjust to a religious atmosphere. Bible sessions, memorization of scriptures, etc.
Field Parole Officer Contact: P.O. may visit parolee at program. Written progress reports provided. Parolee must sign release form for P.O. to obtain information.
Costs/Fees: $50.00 donation. DPH licensed.
Transportation to the Program: None provided.
How are you different from other programs similar to yours? "Teen Challenge New England is a Christian home for young men with life-controlling problems in the area of drugs, alcohol, crime, and other serious and legal social problems. NETC tries to be as non-institutional as possible. The rehabilitation process takes place on an individual basis. In this way, the care administered by the trained staff creates a family atmosphere which allows change to take place in each person's life. We serve young men between the ages of 18-30 years of age, within a normal range mentally and emotionally, provide a one year residential program. Our program is approached from a Christian perspective, making it different from most other state and other programs."
Successful termination defined: One year completed with satisfactory completion of goals previously set together by staff and client; drug free and alcohol free upon termination.
Unsuccessful termination defined: Dismissal of client from program for not cooperating with program.

SUFFOLK COUNTY



SUFFOLK COUNTY

Towns

Boston
Chelsea
Revere
Winthrop

ANSWER HOUSE
5 G Street
South Boston, MA 02127
(617) 268-7124

Mailing address: Same as above.
Director: Paul Sullivan
Contact for Referrals: Joseph Hayes or Judy Hamm
To get there: Broadway MBTA bus stop.
Population Served: Males with alcohol abuse treatment needs. Statewide.
Size: 22 beds
Waiting list: Varies.
Length of stay: 6 months maximum
Entrance Requirements: All legal problems must be resolved prior to admittance. Detox required. Interview/screening required, can be via telephone. Will visit institution but inmate is required to write letter. Confidential evaluative information may be required.

Services/Structure: 24 hour supervision by counselors, A.A., majority is done in-house. Working house. Family interaction addressed at individual counseling session. Job placement assistance is available through the staff.

Field Parole Officer Contact: P.O. may visit parolee at program. Written progress reports and discharge recommendation provided. Release form must be signed by parolee in order for P.O. to obtain information.

Costs/Fees: Rent: 50% of weekly income. DPH licensed/funded.

Transportation to the Program: Referral agency must provide own transportation.

How are you different from other programs similar to yours? In depth structured involvement for twenty weeks in the twelve steps of recovery to achieve awareness of self, relationship with fellow man and a higher power. Residents must work during daytime hours in an environment conducive to his sobriety.

Successful termination defined: Completion of six month program.

Unsuccessful termination defined: Leaving before 3 months, drinking or drug abuse, and/or administrative discharge for improper conduct.

THE ARBOUR HOSPITAL
49 Robinwood Ave.
Boston, MA 02130
(617) 522-4400

The Arbour

Mailing address: Same as above.
Director: Christina Hassock
Contact for Referrals: Same.
To get there: See map above.
Population Served: Males and females with primary psychiatric illness due to substance abuse. Statewide.
Size: 118 beds.
Waiting list: None at present.
Length of stay: No required length of stay. Average 2-3 weeks.
Entrance Requirements: Interview required. May go to institution for interview on rare occasions. Depending upon client, detox may be required. No history of assaults, rapes, murders. Stipulation for insurance coverage - will need to verify each client's policy before admittance. Confidential evaluative information may be required.

Services/Structure: Rehab. center, daily individual counseling by private psychologists/psychiatrists. Mass. rehab. monthly by physician referral. Hospital setting, monitored by staff. Transition groups upon discharge. A.A., N.A. and Alanon. Job training programs.

Field Parole Officer Contact: P.O. may visit parolee at program. Written progress reports provided weekly and upon request. Discharge recommendation provided. Parolee must sign release form for P.O. to obtain information.

Costs/Fees: Private insurance/No Medicaid. May pay privately.

Transportation to the Program: None provided.

How are you different from other programs similar to yours? "The Arbour offers a multidisciplinary approach to acute inpatient psychiatric treatment. The dual diagnosis utilizes this approach in conjunction with the A.A. philosophy to treat psychiatric patients who also suffer from chemical dependency and abuse. This program differs from others in that it provides comprehensive clinical services during all aspects of the patient's illness, including detox and stages of denial. Patients are housed in the unit that best meets individual needs ranging from a secure to an open setting. These are diagnostically mixed and patients attend the dual diagnosis program based on the model of a day hospital."

Successful termination defined: Success is measured by the patient's willingness and ability to engage in the recovery process.

Unsuccessful termination defined: Because a treatment team decides patient's readiness for discharge, unsuccessful termination would be the client leaving before that time.

BOSTON INDIAN COUNCIL-TECUMSEH HOUSE
107 Fisher Ave.
Roxbury, MA 02120
(617) 731-3366

Mailing address: Same as above.
Director: Rita Stephens
Contact for Referrals: Same.
To get there: Green line to Brigham Circle, then take the New England Baptist Hospital bus to Mission Hill. Bus driver will point it out.
Population Served: Male and female Native Americans with alcoholism treatment needs, statewide.
Size: 20 beds.
Waiting list: None.
Length of stay: 6-9 months.
Entrance Requirements: Phone interview required prior to admission. Only Native Americans accepted.

Services/Structure: 24 hour supervision by counselors. Individual/group therapy in-house. Family interaction. Free medical on Thursdays for those without Medicaid.

Field Parole Officer Contact: P.O. may visit parolee at program. Written progress reports provided on a regular basis. Parolee must sign release for P.O. to obtain information.

Costs/Fees: No cost for treatment. Weekly rental fee of $50.00, if working. If on welfare, $60.00 every two weeks. DPH licensed.

Transportation to the Program: None provided.

How are you different from other programs similar to yours? We only service Native Americans. Our philosophy is A.A. oriented and we try to incorporate Native American spiritual and cultural aspects into the recovery process.

Successful termination defined: Client has incorporated himself/herself into the community. Client can function upon leaving us - has an A.A. sponsor, a job, a place to live, a support system.

Unsuccessful termination defined: Lack of the above.

BOSTON OUTREACH
9 Bloomfield St.
Boston, MA 02122
(617) 825-3918

Mailing address: P.O. Box 138, Boston, MA 02122
Director: Rev. Rodney Hart
Contact for Referrals: Chucky Stafford
To get there: Dorchester St. to Park St. Left on Geneva, around block to left onto Bloomfield
Population served: Males 18-40 with drug or alcohol abuse treatment needs. All of New England.
Size: 12 Beds
Waiting list: Individual must call in every day or is dropped to bottom of list.
Length of stay: One year.
Entrance Requirements: Each man who wants to enter the program must first call Boston Outreach personally. After this, the individual must have a blood test to determine whether he has hepatitis or any other communicable diseases. If he has Hepatitis B he can not enter program until he converts (is no longer communicable). Detox is required prior to admission if parolee is being referred from the street.

Services/Structure: 24 hour supervision by counselors, individuals counseling, guidance according to Biblical principles.
Passes after 4 months in program - supervised if necessary.
Field Parole Officer Contact: One week advance notice and set appointment, written progress reports if requested every three months.
Costs/Fees: One time induction fee of $50.00.
Transportation to the program: None provided.
How are you different from other programs similar to yours? Boston Outreach is a non-profit Christian Organization dealing with drug and alcohol abuse. The program consists of chapel, classes, a work program, church services and recreation. "We teach the men to apply christian principles to their problem areas. We believe that Jesus Christ can and will change a person if they are willing."
Successful termination defined: Completing the one year program.
Unsuccessful termination defined: Not obeying the rules, bad attitude constantly is grounds for termination.

CASA ESPERANZA
291 Eustis St.
Roxbury, MA 02119
(617) 445-7411

Mailing address: P.O. Box 546, Roxbury, MA 02119
Director: Ricardo Quiroga
Contact for Referrals: Same.
To get there: Mass. Ave. exit off Southeast Expressway to Melena Cass Highway. Take a left on Hamden Street. At the end take Eustis Street on the left.
Population Served: Hispanics with alcoholism as their primary addiction. Statewide.
Size: 25 beds.
Waiting list: One month.
Length of stay: Six months.
Entrance Requirements: Program will not take parolees coming directly from prison. Must be coming from the street or another halfway house. Caseworker should contact program to arrange interview. Medical exam required and possibly confidential evaluative information.

Services/Structure: Individual and group therapy by house staff. 24 hour supervision although the program is strictly voluntary and "the door is open." Program is based on principles of A.A. Client must attend A.A. in-house and at outside meetings.

Field Parole Officer Contact: P.O. may visit parolee at program. Written progress reports provided upon request. Release planning and discharge recommendation provided. Parolee must sign release for P.O. to obtain information.

Costs/Fees: If client is employed, a certain percent of his income will be charged after outside commitments. DPH licensed/funded.

Transportation to the Program: None provided.

How are you different from other programs similar to yours? "The goal of the program is to provide a program for Hispanic individuals which enables them to accomplish the difficult transition to a sober community life in planned degrees of decreasing institutional care with emphasis placed upon developing interpersonal strengths and social competence. The setting provides a comfortable home-like environment which is sensitive to the resident's linguistic, family and cultural element as well as culinary and nutritional factors. This milieu fosters the development of an atmosphere which is conducive to sobriety in a communal family spirit. Using the principles of Alcoholics Anonymous and independence through employment, residents go through an orderly recovery program which allows them to become responsible members of society."

Successful termination defined: Client has completed the program and lined up a support system in the community.

Unsuccessful termination defined: None given.

Coolidge II
307 Huntington Ave.
Boston, MA 02115
(627) 424-1390

Mailing address: Mail is usually sent to MHHI, P.O. Box 348, Back Back Annex, Boston 02117.
Director: Eric Lifton
Contact for Referrals: Maureen Feeney, Contract Negotiator for MHHI, at 437-1864.
To get there: Green "E" line to Symphony. At Symphony, proceed along Huntington Ave. towards Northeastern University until you reach #307.
Population Served: Men released to parole. Statewide. Program is funded by the Parole Board.
Size: 10 beds reserved for parolees.
Waiting list: Varies.
Length of stay: Program lasts 90 days.
Entrance Requirements: Institutional parole officer should send a letter to Maureen Feeney. Interview often done at institutions but is not a requirement.

Services/Structure: 24 hour supervision. Nights and weekends supervised by volunteers. Two full-time counselors on staff. Reality therapy (individual). N.A. speaker at house once a week. Rest of services referred.

Field Parole Officer Contact: P.O. Joyce of Region 1 supervises all parolees in the house. House provides initial summary and final progress reports. Daily logs are also maintained. Parolee must sign release for P.O. to obtain information.

Costs/Fees: Sliding scale fee. Most pay $45 a week. There is also a $25 room deposit fee which is returned upon completion of the program.

Transportation to the Program: None provided.

How are you different from other programs similar to yours? Coolidge II exists to give men coming out of prison an alternative to coming out cold. The program aids them in their transition period - it helps them to get started, find a job, a place to live, become a responsible citizen. The program tries to help people put back IN to the community what they have taken OUT.

Successful termination defined: Parolee has a job, place to live, $300 minimum in bank, interaction with family, recreation, and has a good attitude and is happy with the direction his life is taking.

Unsuccessful termination defined: Most of the unsuccessful completions are AWOL's. Neutral terminations occur when parole chooses to terminate a case before the program does.

DIMOCK ALCOHOL HALFWAY HOUSE
55 Dimock Street
Roxbury, MA 02119
(617) 442-9686

Mailing address: Same as above.
Director: Melvin Barrett
Contact for Referrals: K. Gordan James
To get there: Jackson Square Stop on Orange Line, off Tremont Street.
Population Served: Males with substance abuse treatment needs in the Boston area.
Size: 20 beds.
Waiting list: Two to three weeks.
Length of stay: 6 months.
Entrance Requirements: Two intakes/phone and personal screening. No detox required.

Services/Structure: Therapeutic counseling staff on hard. Self-help agency with the working house. Job training and interaction with family.

Field Parole Officer Contact: P.O. may visit parolee at program. Written progress reports provided upon request. Release of information form required for P.O. to learn of parolee's progress. No discharge recommendation provided.

Costs/Fees: Sliding fee scale may be applied if client is working. DPH licensed/funded.

Transportation to the Program: None provided.

How are you different from other programs similar to yours? "The Dimock Halfway House Program is a six month in-patient treatment program, therapeutic and self-help. We offer individual and group counseling, educational/vocational counseling, pastoral counseling and recreation and physical activities. We serve the minority male community of Greater Boston. This program is different because it is the only substance abuse program serving this population in the area."

Successful termination defined: A successful termination is a completed 6 month program.

Unsuccessful termination defined: Unsuccessful is less than 3 months completed, neutral termination is 3 to 5 months completed.

DR. SOLOMON CARTER FULLER
Mental Health Center Residential Services
85 E. Newton St.
Boston, MA 02118

Mailing address: Same as above
Director: La-motte Dhyman
Contact for Referrals: Case Management Department
To get there: Boston City Hospital Bus or #49 Washington Street bus.
Population Served: Males and females with mental illness only. Fuller catchment area only.
Size: 30 beds.
Waiting list: Varies
Length of stay: Depends on individual.
Entrance Requirements: Must apply; based on application interview given. Must clear medically. No violent or suicidal clients. Confidential evaluative information may be required.

Services/Structure: Group/individual therapy. Psychologist back-up staff. Client either works or participates in day programs. A.A./N.A. referred.

Field Parole Officer Contact: P.O. may visit with appointment. Written progress reports provided as needed. Release form must be signed by parolee for P.O. to obtain information.

Costs/Fees: 65% of income. No Medicaid.

Transportation to the Program: None provided.

How are you different from other programs similar to yours? This program is the only one in the area dealing primarily with the mentally ill. It is a voluntary program; barrier free. There is a strong support system based on clients interacting with each other. Setting is based on community/buddy system. No regimentation.

Successful termination defined: Client has come to be totally compliant with program. Self-sufficient enough to go to another residential program or own home.

Unsuccessful termination defined: Client is not cooperative or is not progressing. Client would be referred to another program more suitable.

ELIZABETH STONE HOUSE
P.O. Box 15
Jamaica Plain, MA 02130
(617) 522-3417

Mailing address: P.O. Box 15, Jamaica Plain, MA 02130.
Director: Ann Beckert
Contact for Referrals: Ann Beckert
To get there: Directions not given for safety purposes. Available over the phone.
Population Served: Females only. Battered women and women with emotional problems. No active substance abusers/women prone to violence.
Size: 10 beds.
Waiting list: One to five months.
Length of stay: Maximum 5 months.
Entrance Requirements: 3 interviews/1 by phone, 2 in person, none done at institution. Detox required/6 months free of alcohol/drugs.

Services/Structure: All counseling done by advocates. Therapy referred out or support counseling done by advocates. Family interaction. No men allowed. Children may stay overnight. Self-monitored, not restricted, self-help program.

Field Parole Officer Contact: Female P.O. may visit parolee at the program. Male P.O. must make appointment. Written progress reports provided upon request. Discharge recommendation provided. Parolee must sign release form for P.O. to obtain information.

Costs/Fees: Sliding fee scale.

Transportation to the Program: None provided.

How are you different from other programs similar to yours? The primary purpose is to prevent hospitalization. The primary focus goal accomplishment in a peer support, self-help model. The concept behind the program is that a woman's level of distress is is directly related to the amount of stress she has or is experiencing. "Our program is unique because it is affordable, it is run by women, for women, and mothers may ring their children with them."

Successful termination defined: A woman completing the goals she established for herself upon intake.

Unsuccessful termination defined: A woman being asked to leave due to policy infraction.

F.I.R.S.T.,INC.
34 Intervale Street
Boston, MA 02121
(617)-445-5230

Mailing address: Same
Director: James Williams
Contact for Referrals: Steven Clements
To get there: Route 93 to Roxbury/Mass Ave exit. At lights go straight to next set. There, take a left onto Hampden. At next lights, take a left onto Dudley, then 1st right (not the sharp right). That's Blue Hill Ave. At 3rd set of lights is Intervale, corner building.
Population Served: Men and women with substance abuse treatment needs; nationwide.
Size: 22 beds.
Waiting list: 4-6 weeks.
Length of stay: 12-18 months.
Entrance Requirements: Clients must write letter prior to admission; detox required. Those on mind-altering medication can not be served by this program. Confidential evaluative information may be required.

Services/Structure: Monitored 24 hours by staff. Group/individual therapy. A.A./N.A. in the community. Referred job training. Family interaction.

Field Parole Officer Contact: Parole officer may visit parolee at program. Written progress reports provided monthly, discharge recommendation. Parolee must sign release form for P.O. to obtain information.

Costs/Fees: General relief. DPH licensed/funded.

Transportation to the Program: None provided.

How are you different from other programs similar to yours? "F.I.R.S.T. Academy is a 12 to 18 month program with a therapeutic approach to treatment. We serve male and female alike; we also provide group therapy and individual sessions. Our entire staff are ex-addicts with 7 to 20 years of experience with drugs of all kinds. We require probation or parole clients to be stipulated for one year.

Successful termination defined: "Completing the re-entry phase is considered completing the program which is usually a sixteen month process."

Unsuccessful termination defined: Leaves against advice of staff; use of substances.

FLYNN HOUSE
10 Chamblet St.
Dorchester, MA 02125
(617) 442-0405

Mailing address: P.O. Box 176, Dorchester, MA 02125
Director: John Connell
Contact for Referrals: Jim Reed
To get there: Expressway 93 to Columbia Road. Follow to Dudley. Take a right on Dudley, go under railroad tracks, past two streets to Magnolia Street. Follow Magnolia six streets to Chamblet.
Population Served: Males with alcoholism treatment needs. Statewide.
Size: 19 beds.
Waiting list: Varies.
Length of stay: 6 months.
Entrance Requirements: Those on mind altering drugs not accepted. Interview and detox required. Confidential evaluative information may be required.

Services/Structure: Individual/group therapy. Monitored 24 hours by counselors. Five A.A. meetings in-house per week. Referred job training.

Field Parole Officer Contact: P.O. may visit parolee at program. Written progress reports provided. Parolee must sign release form for P.O. to obtain information.

Costs/Fees: Publicly funded. Service fee if working. DPH licensed/funded.

Transportation to the Program: None provided.

How are you different from other programs similar to yours? "Flynn House has been in business since 1963. We deal individually with each client. Individual therapy once a week helps to continue the policy of personalized treatment. Self-help is encouraged. We try to get clients to deal with their problems."

Successful termination defined: Graduation from program. Client is committed to sobriety.

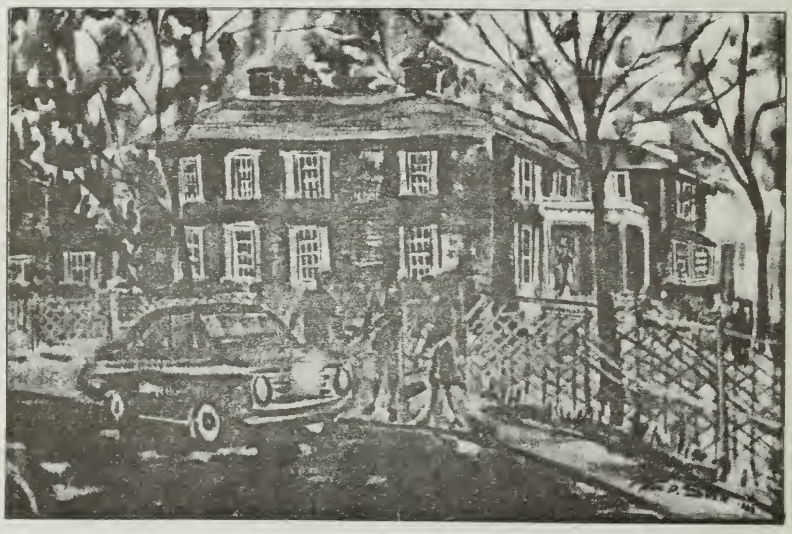
Unsuccessful termination defined: Does not complete program. Leaves against advice. Uses alcohol again.

GAVIN HOUSE
675 East 4th St.
South Boston, MA 02127
(617) 269-9526

Mailing address: Same as above.
Director: Frank McGee
Contact for Referrals: Richard Moalli
To get there: Copley Station bus or Red Line T to Broadway Station. City Point Bus to K Street. OR Expressway 93 to South Station Exit. Left onto Sumner Street; pass Army base on left up to L Street. After lights at Broadway next light at East 4th Street, follow to end.
Population Served: Males with alcohol abuse treatment needs, nationwide.
Size: 25 beds.
Waiting list: 8-10 weeks.
Length of stay: 6 months.
Entrance Requirements: Client is required to have an interview after application has been completed. Detox required. Confidential evaluative information may be required.

Services/Structure: 24 hour monitoring by staff. Group/individual/family counseling both in-house and referral.
Field Parole Officer Contact: P.O. may visit parolee at program. Written progress reports provided weekly/monthly. Discharge recommendation provided. Client must sign release for information to be released.
Costs/Fees: Must obtain job to pay for room and board. DPH licensed/funded.
Transportation to the Program: None provided.
How are you different from other programs similar to yours? "Our philosophy is to teach alcoholics how to get sober and how to live an independent sober life. We provide a sober environment in which the successful resident takes an honest look at himself and his disease. Our program stresses the twelve steps of recovery of A.A. Attendance at and an active role in the fellowship of A.A. is a major part of the program."
Successful termination defined: Successful termination is one in which the individual has completed the six month program and returns to an independent sober life.
Unsuccessful termination defined: Degrees of success depend on how honest an individual has accepted his disease and his responsibility for recovery.

GRANADA HOUSE
77D Warren St.
Brighton, MA 02135
(617) 254-2923



Mailing address: Same as above
Director: Deborah Larson
Contact for Referrals: Charles Monroe
To get there: Next to St. Elizabeth's Hospital in Brighton. Green line to Boston College, Warren Street stop.
Population Served: Males and females with substance abuse treatment needs. Priority to Allston/Brighton residents.
Size: 22 beds.
Waiting list: Must be interviewed to be placed on waiting list.
Length of stay: 6 months.
Entrance Requirements: Interview and detox required before admission. Must be capable of working. Confidential evaluative information may be required.

Services/Structure: Live-in staff; individual/some group therapy. Mandatory A.A. in-house and in the community. Family interaction, working house.

Field Parole Officer Contact: P.O. may visit parolee at program; written progress reports are not provided, discharge recommendation is provided. Release form must be signed by parolee in order for P.O. to obtain information.

Costs/Fees: 50% of some portion of weekly income depending upon ability to pay. DPH licensed/funded.

Transportation to the Program: None provided.

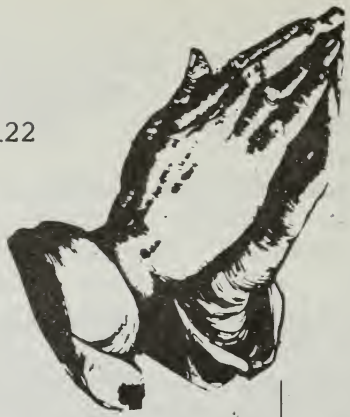
How are you different from other programs similar to yours? "Granada House is a co-ed, six month program of treatment for alcoholics and for drug addicts in which A.A., N.A., AWOL (alcoholic way of life-a treatment modality), individual and group therapy are combined with a nurturing environment to help the client learn to live sober, 'clean' productive lives."

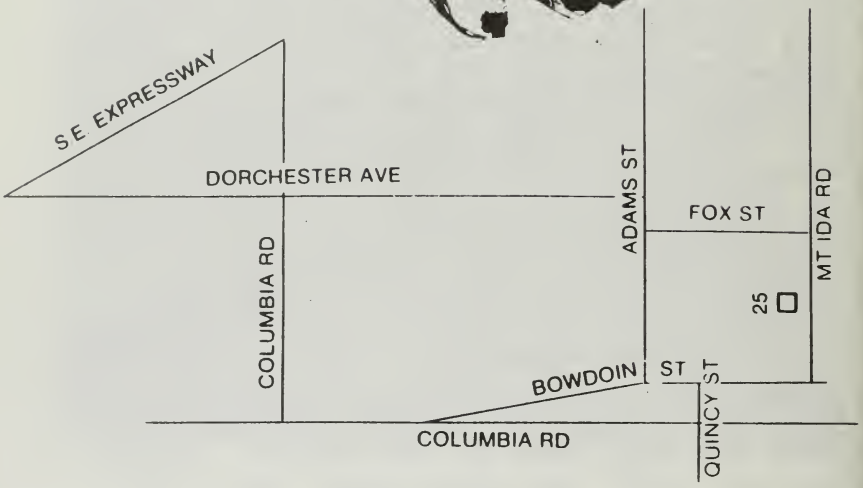
Successful termination defined: Client remains sober and drug free for six months. Client completes AWOL. Has saved money, has a full-time job, a sponsor and a group.

Unsuccessful termination defined: Client breaks one of the basic six rules of the house:

1. No drinking
2. No drugging
3. Home by midnight
4. A.A. or N.A. meeting every night
5. No threats, no violence.
6. No "campus romance".

HAMILTON HOUSE
25 Mt. Ida Rd.
Dorchester, MA 02122
(617) 288-1584





Mailing address: Same as above.
Director: Richard E. McKeen
Contact for Referrals: Robert Brown
To get there: See map above.
Population Served: Males with substance abuse treatment needs. Mass. residents only.
Size: 20 beds.
Waiting list: None
Length of stay: 6 months.
Entrance Requirements: Interview required. Will occasionally go to institution. Must have confidential evaluative information prior to acceptance.

Services/Structure: Individual/group therapy. In-house A.A., rap sessions. Job training. Family interaction. Must seek employment.
Field Parole Officer Contact: P.O. may visit parolee at program with parolee consent. Written progress reports provided with release of information form. Discharge recommendation provided.
Costs/Fees: Average of $70.00 weekly, if working. Sliding scale. DPH licensed/funded.
Transportation to the Program: None provided.
How are you different from other programs similar to yours? We offer the well-motivated client a treatment approach to his alcohol and/or chemical dependency problem. By integrating medical, psychological, self-help and social educational services. Hamilton House offers the client a meaningful and lasting way to deal with his substance abuse and its related problems.
Successful termination defined: Completion of the program - chemical free.
Unsuccessful termination defined: Client leaves program before completion. Use of drugs or alcohol.

HARBORLIGHTS/SALVATION ARMY
407 Sherman Ave.
Boston, MA 02118
(617) 536-7469

Mailing address: Same as above.
Director: Major Peterson
Contact for Referrals: Ernest Mulbeck
To get there: Ruggles Street or Back Bay T stop. Go to Shawmut Street down to West Brookline Ave.
Population Served: Males and females with primary alcoholism needs.
Size: 30 men, 12 women
Waiting list: Varies
Length of stay: 6 months but client may leave before.
Entrance Requirements: Interview required. Can be conducted at institution. Detox required. Confidential evaluative information may be required.

Services/Structure: 24 hour monitoring by counselors and support personnel. Open door policy. Individual/group therapy, in-house. Referred job training. Family interaction encouraged. Half hour daily chapel and Bible exploration classes.

Field Parole Officer Contact: P.O. may visit parolee at program. Written progress reports provided. Discharge recommendation also provided. Parolee must sign release for P.O. to obtain information.

Costs/Fees: No charge. DPH licensed/funded.

Transportation to the Program: None provided.

How are you different from other programs similar to yours? The program is 6 months in duration. The first 28 days are a probationary period after which client musts gain full-time employment. There is extended aftercare and we are one of the few houses that accepts women.

Successful termination defined: Client is drug-free and takes one day at a time. Stays free of drugs and alcohol.

Unsuccessful termination defined: Client uses drugs or alcohol and/or is asked to leave by administration for disciplinary reasons.

HOPE HOUSE
40 Upton St.
Boston, MA 02118
(617) 267-4673

Mailing address: P.O. Box 18429, Boston, MA 02118
Director: Joseph McGonagle
Contact for Referrals: Same as above.
To get there: (See map above.) By MBTA: Take Orange Line and debark at Back Bay Station. Walk southeast on Dartmouth Street 5 blocks to Tremont Street and 1 block to Upton Street. On Green Line debark at Copley Station and walk 7 blocks on Dartmouth Street to Tremont Street and 1 block to Upton Street. By bus, take Egleston Bus at Boston Common and debark at Dartmouth and Tremont Streets which is 1 block south of Upton Street.
Population Served: Males with alcohol treatment needs.
Size: 80 beds.
Waiting list: Usually 2-3 weeks.
Length of stay: 6 months - voluntary.
Entrance Requirements: Must be drug and alcohol free. Interview and confidential evaluative may be information required.

Services/Structure: In-house and referral therapy. A.A./N.A. based. Must have a full-time job after 21 days. Open door policy.
Field Parole Officer Contact: P.O. may visit parolee at program. Written progress reports given regularly with consent of client. Parolee must sign release form for P.O. to obtain information.
Costs/Fees: Weekly rental of $64.00. DPH licensed/funded.
Transportation to the Program: None provided.
How are you different from other programs similar to yours? "Hope House provides treatment and rehabilitation services to the recovering alcoholic consisting of treatment of his alcoholism, rehabilitation and recovery, education and information on alcoholism, employment counseling, alcoholism counseling, pastoral counseling, group therapy, one-to-one counseling, education and training information, and recreational and family counseling. All necessary referrals are within minutes of Hope House, including dental, psychiatric and psychological evaluation of the resident client whenever appropriate to his recovery."
Successful termination defined: Ideally, a stay as a resident client at Hope House would be from one to six months, depending on the rapidity of each individual's recovery.
Unsuccessful termination defined: When a client leaves the program before they are considered to have reached a point of recovery.

HOUSTON HOUSE
Notre Dame Street
Roxbury, MA 02119
(617) 482-0747

The Neil Houston House

Mailing address: None yet.
Director: For information contact Lila Austin at (617)-482-0747
Contact for Referrals: Not accepting yet.
To get there: Jackson Square stop on orange line; off Tremont Street.
Population Served: Pregnant women who have been incarcerated.
Size: 15 beds.
Waiting list: Not known yet--this program will not open until October 1988, at the earliest.
Length of stay: Women must remain at the Houston House for the duration of their pregnancy and at least eight weeks postpartum.
Entrance Requirements: (Tentative as of April 1988) Women must have become pregnant prior to sentencing and have pre-release eligibility.

Services/Structure: This program is scheduled to open in October 1988. It will serve the needs of pregnant women who have been incarcerated and are considered "high risk" due to drug and/or alcohol abuse. Currently, it is planned that most women coming to this program will be referred directly from Framingham State Prison.

Field Parole Officer Contact: This program is designed to be an alternative to incarceration and it is not yet known how the Parole Board will be involved. There will be no difficulty in Parole Officers visiting their parolees at the program, should they become involved.

Costs/Fees: The cost of this program is funded completely by DOC.

Transportation to the Program: Not determined yet.

How are you different from other programs similar to yours? This program is designed specifically for pregnant women who have been incarcerated. They will stay with their infants at the facility for at least eight weeks post partum. The program is designed to help women become effective parents and achieve reintegration into the community, drug and alcohol free.

Successful termination defined: Not officially determined as yet.

Unsuccessful termination defined: Not officially determined as yet.

NOTE: THIS PROGRAM WILL NOT BE AVAILABLE UNTIL OCTOBER 1988, AT THE EARLIEST. CONTACT LILA AUSTIN TO VERIFY OPENING AND OBTAIN UPDATED INFORMATION, (617)442-9686.

INTERIM HOUSE
62 Waldeck St.
Dorchester, MA 02124
(617) 265-2636

Mailing address: P.O. Box 217, Dorchester, MA 02124
Director: M. Yvonne Linehan
Contact for Referrals: Jack Griffin
To get there: Fields Corner stop on Red Line T.
Population Served: Males with substance abuse treatment needs. Statewide.
Size: 18 beds.
Waiting list: Varies
Length of stay: 6 months.
Entrance Requirements: Interview/screening required. Medical, psycho-social information required prior to acceptance into the program.

Services/Structure: Clinical/counseling staff on hand 24 hours a day. Client must be in by 12 a.m. Group/individual therapy, all in-house. N.A./A.A. outside. Must acquaint self with A.A./N.A. within 30 days of acceptance. Vocational/educational training. Interaction with family after 60 days.

Field Parole Officer Contact: P.O. may visit parolee at program. Written progress reports provided upon request. Discharge recommendation provided. Parolee must sign release form for P.O. to learn about progress.

Costs/Fees: $55.00 per week if working. DPH licensed/funded.

Transportation to the Program: None provided.

How are you different from other programs similar to yours? "We are a residential treatment facility for men whose primary problem is alcoholism or drug addiction. Our primary goal is to teach residents alcohol free life patterns that will serve both as a foundation for sobriety and for the alcoholic's re-entry into the community."

Successful termination defined: Six months sobriety with a bonding to the programs of A.A./N.A..

Unsuccessful termination defined: "No other possible termination matters."

MARY E. SARGENT HOUSE HALFWAY BACK PROGRAM
699 Mass. Ave
Boston, MA 02118
(617) 445-0450

Mailing address: P.O. Box 348 Back Bay Annex, Boston, MA 02117
Director: Laverne Saunders
Contact for Referrals: Halfway Back Parole Officer, Region One Parole Office, 727-1583.
To get there: Car: Southeast Expressway to Mass. Ave. Exit. Bus: Harvard or Dudley bus to BCH stop. T: Orange line to Mass Ave. Stop.
Population Served: Adult male parolees who demonstrate continuous problem in their reintegration efforts are best served.
Size: 20 Beds.
Waiting list: Varies.
Length of stay: Average 3-6 months.
Entrance Requirements: 20 minute screen/information interview. Can be conducted at institution. Confidential information occasionally required. Detox preferred.

Services/Structure: 3 clinical/counseling staff members on hand. Referrals to outside agencies, program compliance, reality therapy. Programs for interaction with family. Financial management and referrals to outside agencies for therapeutic counseling, call in, curfews, verifications during all time out.

Field Parole Officer Contact: No special arrangements needed to visit client, written progress reports weekly and on completion, discharge recommendation.

Costs/Fees: $45.00 Room/Board weekly.

Transportation to the program: None provided. It is preferred that the referring P.O. bring client.

How are you different from other programs similar to yours?

Emphasis is placed on individual development in areas such as: employment, educational/vocational skills, mental health, housing, budgeting, coping with substance abuse, family adjustment and other areas, all leading to adjustment for a productive, law-abiding lifestyle. Residents are encouraged to reassume control of their lives and learn to accept responsibility for their behavior.

Successful termination defined: Leaves and moves to community with sanction of Sargent House and parole.

Unsuccessful termination defined: Leaves without sanction of Sargent House and Parole. (Includes return to corrections and AWOL's).

MASSCAPP
(Massachusetts Community Assistance
Parole Program)
307 Huntington Ave.
Boston, MA 02115
(617) 437-1967

Mailing address: Same as above.
Director: Parole Officer Steve Kelly
Contact for Referrals: Same, at 267-7222 or 267-7225.
To get there: Orange line, Mass. Ave. station.
Population Served: Male and female parolees that are developmentally disabled. Statewide.
Size: 8 beds.
Waiting list: 1-2 months.
Length of stay: Program is designed for 3-6 months. Average is 6 months.
Entrance Requirements: Eligibility for the program is based on a standardized IQ test score. No arsonists. Parolees with alcoholism, drug addiction or mental health issues as a **primary** diagnosis are not appropriate referrals. For admission, one prescreening interview by phone and two face to face interviews (one by Steve Kelly, and one by house staff) are required. Will go to institution for interview. Confidential evaluative information may be needed. Detox may be required.

Services/Structure: Counselors, consulting psychologist and parole staff on hand. 24 hour supervision. Behavioral counseling. Day treatment programs, tutoring, on the job training, BERC referrals, family counseling as needed. Volunteers act as advocates.

Field Parole Officer Contact: Cases are supervised by parole staff. Progress reports are done monthly by house staff. Discharge summaries are completed. Parolee must sign release for P.O. to obtain information.

Costs/Fees: Rent is charged on a sliding fee scale, averaging $40. Work activity around the house can substitute for this fee.

Transportation to the Program: Parole staff provide transportation.

How are you different from other programs similar to yours? "The program's goal is to help parolees attain the skills and discipline needed so that they can live independent and productive lives. It is the only program of this type available to Massachusetts parolees. By actively involving the resident in decision-making, he/she is able to have frequent opportunities for attaining some form of achievement and success, instilling in the resident a sense of responsibility and program ownership. The treatment goal is to focus the resident on where he/she wants to be once the program is over, and to commence and test the resident's reintegration before his/her program involvement is over.

Successful termination defined: Client completes the program by finding a home and program or work. Completion of treatment goals.

Unsuccessful termination defined: Not obtaining home or work or job training. Not accomplishing goals set at the onset. A neutral termination is where the client is transferred to another treatment program.

MERIDIAN HOUSE
Noddle Island Multi-Service Agency
408 Meridian St.
East Boston, MA 02128
(617) 569-6050

Noddle's Island Multi Service Agency, Inc.

Mailing address: P.O. Box 251, East Boston, MA 02128
Director: Susan Elberger
Contact for Referrals: Richard Lefe Bure
To get there: South through Callahan Tunnel, first right after tunnel. Right at end of road, left onto Meridian Street at second set of lights.
Population Served: Males and females with substance abuse treatment needs. Statewide.
Size: 29 beds.
Waiting list: From one month up.
Length of stay: 9 months to one year.
Entrance Requirements: Must not be generically disabled. Interview required, can be at institution if necessary. Confidential evaluative information may be required prior to acceptance into program. Detox required.

Services/Structure: 24 hour counselors on hand. Individual and group therapy. Referred job training. Interaction with family. Monitoring of urine, vocational seminars, A.A./N.A. meetings. GED classes. Recreational and cultural activities.

Field Parole Officer Contact: P.O. may visit parolee at program. Written progress reports provided monthly with parolee consent. Discharge recommendation provided.

Costs/Fees: $50.00 intake fee. DPH licensed/funded.

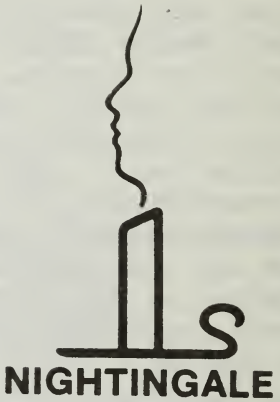
Transportation to the Program: None provided.

How are you different from other programs similar to yours? Meridian House is a structured residential treatment facility designed to provide a supportive, self-help atmosphere for individuals seeking recovery. Counseling and behavioral interventions are based on developmental and psychotherapeutic concepts, with additional emphasis on women's issues and the addict as parent. Staff is comprised of professionals and paraprofessionals.

Successful termination defined: Complete program within designated amount of time.

Unsuccessful termination defined: Use of drugs or alcohol during program.

NIGHTINGALE
77 Warren St.
Brighton, MA 02135
(617) 783-3522



Mailing address: Same as above.
Director: Betty A. Finnegan, R.N., M.P.A.
Contact for Referrals: Paula Hardina
To get there: Mass Pike West to Exit 18, onto Cambridge Street. At 9th light take left onto Warren St.
Population Served: Females with substance abuse treatment needs. Professionals only, specifically addicted nurses.
Size: 18 beds.
Waiting list: None.
Length of stay: Two to seven weeks.
Entrance Requirements: Must be drug and alcohol free. Post detox only.

Services/Structure: Community referrals. Two year follow-up program. A.A. meetings, daily urine screening. Individual and group counseling.
Field Parole Officer Contact: P.O. may visit at any time.
Costs/Fees: $240 per day. No Medicaid. DPH licensed.
Transportation to the Program: Possible from an institution only.
How are you different from other programs similar to yours? Entirely women's program with emphasis on health care professionals. Social rehabilitation model. No medical intervention.
Successful termination defined: Client elected to follow the treatment plan. Return to work with employer involvement.
Unsuccessful termination defined: Client leaves before two weeks, refuses to follow treatment plan.

ST. JUDE HOUSE
15 Woodside Ave.
Jamaica Plain, MA 02130
(617) 524-6567

Mailing address: Same
Director: Nancy Deagle
Contact for Referrals: Ed Robinson
To get there: Rte. 128 to Rte. 1 exit. Follow to Washington Street. Follow about 7 miles through Forest Hills. Take Green Street and first right onto Woodside.
Population Served: Males with substance abuse treatment needs. None on mind-altering drugs.
Size: 23 beds
Waiting list: Varies.
Length of stay: 6 months
Entrance Requirements: Interview required. If accepted, client must have medical form, detox and TB test.

Services/Structure: Individual/group therapy. A.A./N.A. in-house. Nine programs weekly. Monitored 24 hours by staff. Job training. Referred education.
Field Parole Officer Contact: P.O. may visit parolee at program. Written progress reports provided upon request.
Costs/Fees: No charge if not employed. 50% of salary if employed. DPH licensed/funded.
Transportation to the Program: None provided.
How are you different from other programs similar to yours? "We are most unique in that our program does not have one particular theme. The treatment is varied so that everyone can be helped and get involved. The atmosphere is more like a family."
Successful termination defined: Client has an income, home and a good aftercare plan.
Unsuccessful termination defined: Client relapses, or is administratively discharged for breaking rules.

SHEPHERD HOUSE, INC.
22 and 24 Windmere Rd.
Dorchester, MA 02125
(617) 282-4102

Shepherd House

A Recovery Home for Chemically Addicted Women

Mailing address: P.O. Box 206, Dorchester 02125
Director: Marie Conroy
Contact for Referrals: Barbara Gray or Lois O'Hara
To get there: Take Route 93 (Southeast Expressway) to Everett Square exit. Follow to the end, take right onto Boston Street. Follow to the end, take right onto Columbia. Pass the blinking set of lights, take a left at the next light onto Stoughton Street. Second street on the right is Windmere.
Population Served: Females with substance abuse treatment needs. Statewide.
Size: 18 beds.
Waiting list: Up to two weeks.
Length of stay: Average of 6 months. Client may leave at any time.
Entrance Requirements: Call 9-5 Monday to Friday to arrange interview. Will occasionally conduct at the institution. Applicant must be free from alcohol and mood altering drugs for 24 hours; must not be severely incapacitated either emotionally or physically; and must be willing to participate in the entire program. Confidential information may be required prior to admittance in the program.

Services/Structure: Individual counseling, films and tapes, Woman's Feelings Group, Bridge Group (Former residents return to discuss their readjustment in the community); house meetings, A.A., Working Time (third phase where resident works,pays rent and gets ready to live on her own). 24 hour supervision.

Field Parole Officer Contact: Parole officer can visit parolee at the program. Written progress reports available upon request; parolee-signed Release of Information form needed to obtain this. Discharge recommendation provided upon request.

Costs/Fees: General Relief, unless working. DPH licensed/funded.

Transportation to the program: None provided.

How are you different from other programs similar to yours?

"We are an all-female staff (excluding the assistant director) providing care to an all female clientele. The woman alcoholic/addict remains in focus through groups on sexuality, self-awareness and social skills. We are in our fourteenth year and have a long-standing line of alumni. We are A.A. based and give care, love, concern, feedback, guidance unconditionally. We are not a lock-up facility.A woman must have a desire to be with us and can leave anytime. The staff works as a team and are a strong therapeutic force."

Successful termination defined: Six month completion, with a budget in place, a safe environment to move to, and ongoing A.A. work and support.

Unsuccessful termination defined: A violation of any of the major rules (no sex, violence, stealing, drugging) can cause an unsuccessful termination. A woman who picks up a chemical and leaves the program can be reinterviewed and enter the program again.

WOMEN, INC.
244 Townsend St.
Dorchester, MA 02121
(617) 442-6166

Mailing address: Same as above.
Director: Candace Casen
Contact for Referrals: Kathy Dwyer
To get there: Southeast Expressway, Mass. Ave. exit to the Milena Cass Highway. Take third left onto Harrison Ave. Follow straight. Harrison Ave. turns into Warren St. Two miles on the right is Townsend Street. They are the first house on the right.
Population Served: Females with substance abuse treatment needs.
Size: 24 beds.
Waiting list: Up to two months.
Length of stay: 9 months to 1 year.
Entrance Requirements: Interview required prior to admission. Will conduct at institution, if necessary. Detox required. Confidential evaluative information may be required.

Services/Structure: 24 hour supervision by staff. Group/individual/family therapy. In-house treatment programs such as educational and vocational workshops and resources, parenting and child management seminars, alcohol/drug awareness workshops. Complete medical services for both mother and child. Child care.

Field Parole Officer Contact: P.O. may visit parolee at program. Written progress reports provided monthly. Parolee must sign release for P.O. to obtain information.

Costs/Fees: $55 monthly rent, contribution for meals. DPH licensed/funded.

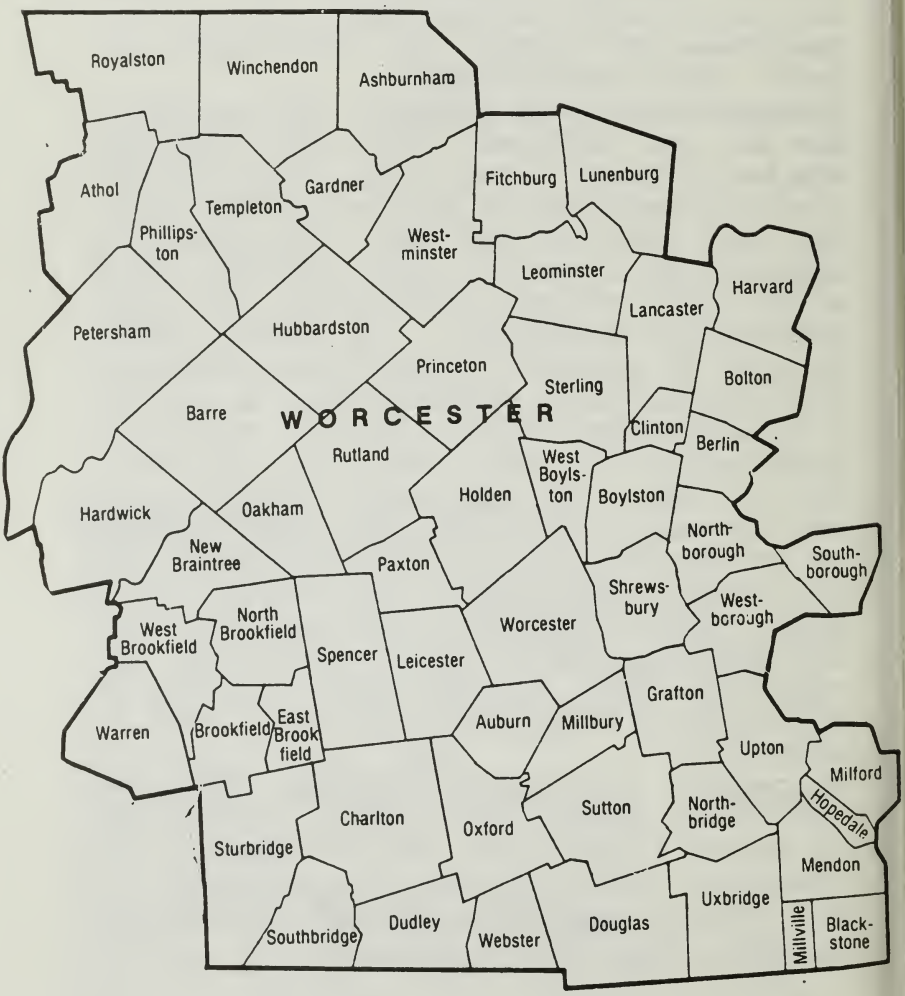
Transportation to the Program: None provided.

How are you different from other programs similar to yours? "Women, Inc. is an alternative treatment program administered by women, for women and their children. Our program is comprised of a racially and culturally mixed staff with various professional and non-professional backgrounds. Our program objective is to provide a supportive atmosphere that inspires both self-confidence as well as a social-cultural understanding of the conditions under which we as women must survive in this society. Our therapeutic philosophy is not to assume that people are "sick" because of labeling but rather to understand that certain social and personal life events have a major influence on people and their behavior. Our therapeutic force is to underline real social conditions. We don't deny reality but we don't use it as an excuse to abuse drugs or alcohol."

Successful termination defined: Completes residential program and re-entry, including 9-12 months in the house and one year in the community. Doesn't go back to using drugs.

Unsuccessful termination defined: Leaving the program. Going back to drug use.

WORCESTER COUNTY



WORCESTER COUNTY

TOWNS

Ashburnham
Athol
Auburn
Barre
Berlin
Blackstone
Bolten
Boylston
Brookfield
Charlton
Clinton
Douglas
Dudley
East Brookfield
Fitchburg
Gardener
Grafton
Hardwick
Havard
Holden
Hopedale
Hubbardston
Lancaster
Leicester
Leominster
Lunenburg
Mendon
Milford
Millbury
New Braintree
North Brookfield
Northborough
Northbridge
Oakham
Oxford
Paxton
Petersham
Phillipston
Princeton
Roylston
Rutland
Shrewsbury
Southborough
Southbridge
Spencer
Sterling
Sturbridge
Sutton
Templeton
Upton
Uxbridge
Warren
Webster
West Boylston
West Brookfield
Westborough
Westminster
Winchendon

Worcester

ADCARE HOSPITAL
107 Lincoln Street
Worcester, MA 01605
(413) 799-9000

Mailing address: Same as above.
Director: Dr. Patrice Muchowski
Contact for Referrals: Hospital counselor.
To get there: Hospital will give directions by phone to persons in the Worcester area.
Population Served: Males and females with substance abuse treatment needs.
Size: 114 beds.
Waiting list: Varies.
Length of stay: Individualized, 10-21 days. Average is 17 days.
Entrance Requirements: Interview over phone to determine what type of treatment is necessary. Detox is not required. Confidential evaluative information may be required.

Services/Structure: Counselors on hand 24 hours. Full-time medical staff is on hand. Group counseling, stress testing and evaluations. Family meetings, one-to-one counseling. Psychological evaluations and aftercare.
Field Parole Officer Contact: P.O. may visit parolee at program. Written progress reports provided weekly if requested. Parolee must sign release form for P.O. to obtain information.
Costs/Fees: Insurance/cash. DPH licensed.
Transportation to the Program: Will provide transportation from an institution or field office.
How are you different from other programs similar to yours? Treatment is based on the concepts of A.A./N.A., operates from a disease concept. The goal of treatment is to provide medical detoxification and rehabilitation programs that consist of educational, group and individual counseling, and skills training program designed to provide client with skills necessary to achieve abstinence. Each patient is assigned to a treatment team (M.D., nurse, alcohol/drug counselor, social worker, family specialist) that develops treatment plan and coordinates services.
Successful termination defined: Occurs when patient has actively participated in all treatment modalities specified by the team and achieve all treatment goals.
Unsuccessful termination defined: Occurs when patient has not participated in the treatment program and/or use of drugs or alcohol.

CROZIER HOUSE
133 Granite St.
Worcester, MA 01604
(617) 799-2281

Mailing address: Same as above.
Director: Father Phillip McCrea
Contact for Referrals: Same as above.
To get there: Route 290, exit 13. Bear left up hill; at fork, bear left. Go through a stoplight. They are opposite St. Vincent's Hospital.
Population Served: Males with substance abuse treatment needs; statewide.
Size: 20 beds.
Waiting list: 3-4 weeks.
Length of stay: 180 days.
Entrance Requirements: Must have abstained from alcohol and drugs for at least 14 days prior to admission. Must be employable and willing to seek employment. Interview required. Psychosocial and medical history may be required.

Services/Structure: Group/individual therapy in-house. Working house, monitored by DOA (Division of Alcoholism)/DDR (Division of Drug Rehabilitation) Managers.
Field Parole Officer Contact: P.O. may visit parolee at program. Written progress reports provided upon request. Parolee must sign release form for P.O. to obtain information.
Costs/Fees: $50.00 weekly/sliding scale fee. DPH licensed/funded.
Transportation to the Program: None provided.
How are you different from other programs similar to yours? A.A. oriented. 30 day probation for all clients. "Working is viewed as an integral part of the recovery process. Our program's policies are specific recommendations from men who have successfully completed the program and have returned to the community to lead sober, productive lives."
Successful termination defined: Completion of six months following schedule with no mind altering substance ingested.
Unsuccessful termination defined: Failure to follow schedule and/or use a mind altering substance.

FAITH HOUSE
142 Burncoat St.
Worcester, MA 01606
(617) 853-9496

Mailing address: Same as above.
Director: Janet C. Denman
Contact for Referrals: Same as above.
To get there: Mass Turnpike to Rte. 290, take Lincoln/Burncoat exit.
Population Served: Female in the Worcester county area with substance abuse treatment needs.
Sizes: 16 beds.
Waiting list: Up to 1 month.
Length of stay: 6 months.
Entrance Requirements: Interview required; will go to institutions for interview. Detox required. Confidential evaluative information may be required.

Services/Structure: 24 hour supervision by staff. Group/individual therapy. A.A. outside; job training after 2 months. Interaction with family.
Field Parole Officer Contact: P.O. may visit parole at program. Written progress reports provided upon request. Release form must be signed by parolee for parole officer to learn about her progress.
Costs/Fees: Sliding fee. DPH licensed/funded.
Transportation to the program: None provided.
How are you different from other programs similar to yours? Faith Inc.'s mission is to provide highest quality of services to women recovering from substance abuse. Holistically oriented, the focus is on individual treatment planning. We provide residential care to dual diagnosed women with dependent children in need of family focused treatment and the repeat lapser. Faith is more therapeutically oriented than other halfway houses.
Successful termination defined: Completion of individual treatment plan. Length of plan and level of functioning by client may vary.
Unsuccessful termination defined: Relapse or inability to work towards treatment plan.

PATHWAY HOUSE
171 Graham St.
Gardner, MA 01440
(617) 632-4409

Mailing address: Same as above.
Director: David Potter
Contact for Referrals: Debbie Horrigan
To get there: Rte. 2 West to Rte. 68 exit.
Population Served: Males with substance abuse treatment needs; statewide.
Size: 17 beds.
Waiting list: Varies.
Length of stay: 26 weeks required.
Entrance Requirements: Applicant must be drug/alcohol free at the time of interview/admission. Detox required. Must come directly from another program. Confidential evaluative information may be required.

Services/Structure: Working house; mandatory work within 2 weeks of admittance. A.A. philosophy based, highly structured. Individual/group therapy.

Field Parole Officer Contact: P.O. may visit parolee at program with appointment made at least 24 hours in advance. Written progress reports provided upon request. Parolee must sign a release form for P.O. to obtain information.

Costs/Fees: $65 per week room and board; no Medicaid. DPH licensed/funded.

Transportation to the Program: None provided.

How are you different from other programs similar to yours? Highly regimented program. Must complete 26 weeks. Must have job and work full-time. One on one counseling and A.A. are very important. Alcoholism is the primary concern. Some drug rehabilitation. Must comply with house rules.

Successful termination defined: Completion of 26 weeks without problems or relapse.

Unsuccessful termination defined: Client leaves program before completion. Breaking of rules or relapse.

PROSPECT/CHANNING HOUSE I
18 Channing St.
Worcester, MA 01605
(617) 755-8088

Mailing address: Same as above
Director: John A. Hennessy
Contact for Referrals: Same as above.
To get there: From Boston Mass Pike exit 11 to Interstate 290 Belmont Street exit. Bear left onto Catherine Street, bear right onto Channing Street.
Population Served: Males with alcohol abuse treatment needs; statewide.
Size: 20 beds.
Waiting list: Varies
Length of stay: Average length of stay is 3-6 months.
Entrance Requirements: Interview required prior to admission; will accept collect calls; social/physical history required; detox required. No arsonists, murderers.

Services/Structure: 24 Hour monitoring by staff. Reality therapy for individual groups. Referral for job training. Interaction with family.

Field Parole Officer Contact: P.O. may visit parolee at program, written progress reports provided monthly. Discharge recommendation provided.

Costs/Fees: Sliding scale fee. DPH licensed/funded.

Transportation to the program: None provided.

How are you different from other programs similar to yours? When a person is accepted into our program he is on restriction for the first two weeks. After this period, he is in phase I, this usually lasts 6 to 8 weeks. During this time he is required to attend 18-20 meetings and groups a week. After this phase is completed, he is allowed to seek employment before phase II is granted, client must join A.A., get a sponsor, and other requirements, when phase 3 is granted, the client is well on his way to being an independent and productive person.

Successful termination defined: Client must be gainfully employed, have his own living quarters, and a sponsor. He will have joined and be active in A.A./N.A., have a good support system, and have undergone a lot of change.

Unsuccessful termination defined: If the client's behavior, attitude and/or way of life have not undergone any changes.

PROSPECT/CHANNING HOUSE II
15 Northampton St.
Worcester, MA 01608
(617) 755-8990

Mailing address: Same as above
Director: Joan Iovieno
Contact for Referral: Joyce Freeman
To get there: Rte. 290 Lincoln Street exit towards Adcare Hospital. Northampton Street on right after hospital.
Population Served: Women aged 18 to 65 with substance abuse treatment needs.
Size: 17 beds.
Waiting list: Procedure varies.
Length of stay: 6 months.
Entrance Requirements: Interview and detox required. Will conduct interview at institution, if necessary. Confidential evaluative information may be needed.

Services/Structure: 24 hour monitoring by staff. Group/individual therapy. Treatment programs in-house. A.A./N.A. in community. Referred job training, interaction with family; discharge recommendation and after-care.

Field Parole Officer Contact: P.O. may visit parolee at program. Written progress reports provided monthly. Release of information form required.

Costs/Fees: DPH licensed/funded.

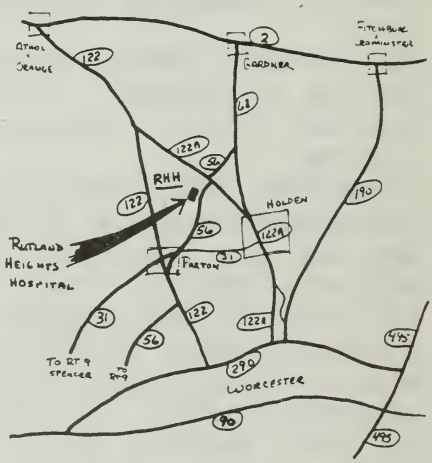
Transportation to the program: None provided.

How are you different from other programs similar to yours? Based on the philosophy of the A.A. 12 step program, we serve minority population which could range from women 18-65 who are black, gay, hispanic etc. We are presently working in cooperation with D.S.S. to treat mothers while encouraging better family relationships. We also offer a wide range of other treatment services which fit the client needs. Basically we are a minority house, non-profit; we allow women to have their children visit.

Successful termination defined: Client graduates after a six month stay, drug and alcohol free. Must complete requirements necessary to obtain a safe and successful recovery after leaving Channing II.

Unsuccessful termination defined: Unsuccessful termination is if a client relapses during the program.

Rutland Heights State Hospital
C.A.S.A.D. (Center for Alcohol and
Substance Abuse Disorders)
86 Maple Ave.
Rutland, MA 01543
(617) 886-4711



Mailing address: Same as above.
Director: James S. Forleo
Contact for Referrals: Social Services Department at the Hospital.
To get there: See map above.
Population Served: Men and women, statewide, with substance abuse treatment needs for whom alcohol abuse is the primary problem.
Size: 30 beds.
Waiting list: If the waiting list gets longer than four weeks, it will be temporarily closed. This happens every few weeks or so, and potential clients are asked to call back until they can get on the list. This is on a "first come, first served" basis.
Length of stay: Determined by need. Average length of stay is 28-30 days.
Entrance Requirements: Caseworker should call the Social Service Department to set up a prescreening interview, which is required in order to be placed on the waiting list. Detox required if applicant is on the street. A psychosocial evaluation prior to admission is very helpful.

Services/Structure: Individual treatment plans; individual and group counseling; vocational evaluation and referral; A.A. and N.A.; recreation therapy, medical evaluation; psychological assessment; educational services. Family involvement encouraged. All counseling staff are masters level rehabilitation counselors. 24 hour care by nurses and doctors; 18 hour counselor coverage. Release planning provided.

Field Parole Officer Contact: Parole officer can visit the parolee by appointment by calling the parolee's counselor. Written progress reports provided only by request and with appropriate release of information form. Discharge recommendation provided.

Costs/Fees: Insurance. However, a sliding fee scale is available, and no one is refused admission because of a payment issue.

Transportation to the Program: None provided.

How are you different from other programs similar to yours? "The program provides a hospital-based, inpatient, structured environment which aims to reduce the medical and psycho-social impacts of the disease of alcoholism. In addition, the program is oriented to treat multiple drug abuse and psychiatric difficulties along with a person's alcohol abuse or addiction. A clear emphasis on socially and economically disenfranchised persons exists."

Successful termination defined: A patient who has completed all aspects of the educational program and has made progress sufficient to warrant transfer to the next modality of treatment in the eyes of the case manager.

Unsuccessful termination defined: An discharge against medical advice or a disciplinary discharge (infraction of rules or contract). A neutral termination occurs when a patient is found to be not sufficiently motivated to participate in the program.

THE SALVATION ARMY A.R.C.
29 Charles Street
Worcester, MA 01608
(617) 799-0528

Mailing address: Same as above
Director: Major William A. Bessent
Contact for Referrals: William G. Strugalski
To get there: From Worcester City Hall, come down Exchange Street towards the Centrum. We are located directly opposite the Centrum on the other side of the railroad tracks.
Population Served: Males with substance abuse treatment needs or no other place to go. Homeless.
Size: 72 beds
Waiting list: None at present
Length of stay: 90 day minimum. Longer periods are voluntary.
Entrance Requirements: Must have interview with a counselor. Detox required. No serious offenders (e.g. murder, armed robbery, etc.). Confidential evaluative information may be required.

Services/Structure: The counselor/and resident manager provide house rules, supervision and counseling with each client. Individual and group therapy. Emphasis on client-centered, reality, gestalt, behavior modification and Christian counseling. Work therapy is available.

Field Parole Officer Contact: P.O. may visit parolee at program. P.O. must call in advance. Written progress reports provided at thirty and ninety days.

Costs/Fees: 75% of income or $75.00 per week whichever is less. Medicaid accepted.

Transportation to the program: None provided.

How are you different from other programs similar to yours? The Salvation Army is a religious and charitable organization and is dedicated solely to the social and physical rehabilitation and the spiritual regeneration of those persons who are in need of such assistance. The approach to treatment is a holistic one, dealing with the entire individual. Individual and group counseling as well as spiritual and pastoral counseling activities are provided. Chapel services are available and mandatory. There are numerous recreation and leisure-time activities following a day of work therapy.

Successful termination defined: One in which the individual successfully completed the 90 day program, attended all meetings and did not violate house rules. A change in attitude and the willingness to accept a new philosophy centered around Christ is desired.

Unsuccessful termination defined: Unsuccessful termination would occur due to violation of one of the house rules, being AWOL, or refusal of individual to change from within. We provide an environment, however, the individual is his own change agent. The change comes from within.

SPECTRUM HOUSE INC.
155 Oak Street.
Westboro, MA 01581
(617) 366-1417

[NOTE: In June, 1988 the Department of Public Health in cooperation with the Parole Board will open an additional 15 beds at Spectrum House specifically for substance abusing parolees. The program will be a minimum of six months and will be open to both men and women. Contact Tim Zadai, Chief of Field Services at the Parole Board for information regarding referrals and entrance requirements.]

Mailing address: P.O. Box 562, Westboro, MA 01581.
Director: Steven Lappen
Contact for Referrals: Allan Goldberg or Mary Bean.
To get there: From Boston: Mass Pike to 495 N. Exit Rte. 9W; stay on 9W approximately 2 miles until exit 135N; right at exit-continue 1/2 mile to stop sign. Take right, past courthouse on right hand side. Spectrum House is the first white building on left after the courthouse.
Population Served: Males and females with substance abuse/physical abuse treatment needs.
Size: Approximately 60 beds.
Waiting list: Males 2-3 weeks, females none.
Length of stay: 7 months/voluntary program.
Entrance Requirements: Person to person interview/ screening done over the phone. Confidential evaluative information may be required if it will prove helpful.

Services/Structure: Clinical Supervision, full medical staff on hand. Individual/group therapy. Job training including GED. Interaction with family.

Field Parole Officer Contact: P.O. may visit the parolee at program. Monthly reports provided. Release form must be signed by parolee for P.O. to obtain information.

Costs/Fees: If covered by insurance, or if the client is going to pay his or her self, the cost is $45 per day. The Department of Drug Rehabilitation may fund based on need. There is a $100 initial interview fee and a $170 admissions fee; these can be waived. DPH licensed/funded.

Transportation to the program: None provided.

How are you different from other programs similar to yours? Spectrum House Inc. provides a safe and secure environment for those individuals whose with chemical dependency. Spectrum House is unique in providing multiple treatment modalities in both short and long term frameworks. The ultimate objective is to allow each individual to achieve all those developmental milestones which will enable him/her to live a drug-free life responsibly.

Successful termination defined: This can come about only by achieving the following objectives: (1) a thorough understanding of what it means to be chemically dependent; (2) an ability to recognize those stressors that might facilitate relapse; (3) a viable means of support, e.g. gainful employment; (4) a home to return to; (5) an aftercare support system consisting of significant others who will not act as "enablers" of the dependency and support groups (A.A.,N.A.).

Unsuccessful termination defined: An unsuccessful termination would both result in the non-fulfillment of any one of the treatment goals cited above.

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Massachusetts Parole Board
Parolee Residential Program Survey

Program's Name and Address

_____
_____
_____
_____

Phone Number: _____
Name of Director _____
Name and title of person filling out this form: _____
_____

Mailing address of program, if different: _____
_____

Transportation Route/Directions (please give by both public transportation (if possible) and by car): _____
_____

1. Eligibility
   Do you take parolees? _____
   Have you in the past? _____

2. Population group served:
   Both men and women? _____
   Is program open to women/men with children? Can they stay on the premises? _____
   Parolees with specific offenses only? If so, which? _____
   _____
   Parolees with specific treatment needs? Which? _____
   _____
   How many do you accommodate? _____
   Geographic area covered (catchment area)? Can you take clients from other areas? _____
   Do you have an outpatient component? If so, what does it consist of? _____
   Is there a waiting list for your program? What is the waiting list procedure? _____

3. Are there any populations specifically **not** served by your program? _____
   _____

4. Length of stay
   Is there a required length of stay at your program? What is it? _____
   (If there is no required length of stay, what is your policy on length of stay and your clients' average length of stay?
   _____)

arolee Residential Program Survey, Continued

. Referral Process
Whom to contact? (job title of person, please). _____
How to contact? (by phone, by letter, have caseworker call first ...) _____
What kind of interview or screening is required? If so, will you come to the prison or house of correction to do it? _____
_____
Will confidential evaluative information be required prior to acceptance into program? _____
For drug or alcohol programs, is detox required prior to admission (if the parolee is being referred from the street?)
_____

. Special Services
Clinical/counseling staff on hand: _____
_____
What type of counseling/therapy is available ? _____
_____
Are there any special treatment programs? Are these in-house or referral? _____
Any job training programs? _____
Any planned time or programs for interaction with family? _____
_____
Can the parole officer visit the parolee at the program? What special arrangements have to be made for this, if any? _____
_____
Do you provide written progress reports and if so, at what intervals? _____
Any other services? _____
_____

. Cost and Cost Waivers
What fees is the client required to pay? What waivers are available? Do you take Medicaid?
_____

. Type of Supervision/Program Structure
How are clients monitored and supervised? _____
_____
Is a client-signed release of information form required for the parole officer to learn about the parolee's progress? _____
Is there any release planning? _____
Do you provide a discharge recommendation? _____

. Transportation
Do you provide transportation from an prison/house of correction or field parole office to your program, or do you require parolees to be transported to your program? _____
_____

Survey Addendum

10. Please give a brief narrative of your program in terms of your operating philosophy, your approach to treatment, the population you serve and the services you provide. What makes you different from other programs similar to yours?

11. What do you consider to be a successful termination from your program? Unsuccessful termination? Neutral termination? Please be as specific as possible.

12. Please attach any program brochures, newspaper articles, evaluation studies or other materials (if you have not sent these to us already). Thank you very much for your time.

Check here if you would like a copy of the finished survey document _____.